

Physical Education Curriculum Plan								
Week	Group 1 Boys	Group 2 Boys	Topic	CY3 - applying a foci a competitive situation	Group 1 Girls	Group 2 Girls	Topic	CY3 - applying a foci a competitive situation
0	Introduction Week							
1	Team sport skills / X Country	Team sport skills / X Country	Bootcamp & X Country		Team sport skills / X Country	Team sport skills / X Country	Bootcamp & X Country	
2	Football	Football	Basic skills & rules and regulations	Demonstrating or having the ability to explain rules & regulations in a competitive situation	Netball	Netball	Basic skills & rules and regulations	Demonstrating or having the ability to explain rules & regulations in a competitive situation
3	Football	Football	Attacking principles	Demonstrating an understanding of or having the ability to explain attacking principles in a competitive situation	Netball	Netball	Attacking principles	Demonstrating an understanding of or having the ability to explain attacking principles in a competitive situation
4	Football	Football	Defensive principles	Demonstrating an understanding of or having the ability to explain defending principles in a competitive situation	Netball	Netball	Defensive principles	Demonstrating an understanding of or having the ability to explain defending principles in a competitive situation
5	Football	Football	Skill development	Demonstrating or having the ability to explain a sport specific complex skill	Netball	Netball	Skill development	Demonstrating or having the ability to explain a sport specific complex skill
6	Football	Football	Applying principles in a game situation	Demonstrating or having the ability to explain how principles could be applied to a full sided game	Netball	Netball	Applying principles in a game situation	Demonstrating or having the ability to explain how principles could be applied to a full sided game
7	Football (A)	Football (A)	Holistic Assessment	Tracker based assessment	Netball (A)	Netball (A)	Holistic Assessment	Tracker based assessment
OCTOBER HALF TERM								
8	Basketball	Basketball	Basic skills & rules and regulations	Demonstrating or having the ability to explain rules & regulations in a competitive situation	Rugby	Rugby	Basic skills & rules and regulations	Demonstrating or having the ability to explain rules & regulations in a competitive situation
9	Basketball	Basketball	Attacking principles	Demonstrating an understanding of or having the ability to explain attacking principles in a competitive situation	Rugby	Rugby	Attacking principles	Demonstrating an understanding of or having the ability to explain attacking principles in a competitive situation
10	Basketball	Basketball	Defensive principles	Demonstrating an understanding of or having the ability to explain defending principles in a competitive situation	Rugby	Rugby	Defensive principles	Demonstrating an understanding of or having the ability to explain defending principles in a competitive situation
11	Basketball	Basketball	Skill development	Demonstrating or having the ability to explain a sport specific complex skill	Rugby	Rugby	Skill development	Demonstrating or having the ability to explain a sport specific complex skill
12	Basketball	Basketball	Applying principles in a game situation	Demonstrating or having the ability to explain how principles could be applied to a full sided game	Rugby	Rugby	Applying principles in a game situation	Demonstrating or having the ability to explain how principles could be applied to a full sided game
13	Basketball (A)	Basketball (A)	Holistic Assessment	Tracker based assessment	Rugby	Rugby	Holistic Assessment	Tracker based assessment
14	OAA	OAA	Orienteering Course	Use of map reading skills making use of orienteering courses	Basketball	Basketball	Basic skills & rules and regulations	Demonstrating or having the ability to explain rules & regulations in a competitive situation
XMAS BREAK								
15	OAA	OAA	Orienteering Course	Use of map reading skills making use of orienteering courses	Basketball	Basketball	Attacking principles	Demonstrating an understanding of or having the ability to explain attacking principles in a competitive situation
16	OAA	OAA	Orienteering Course	Use of map reading skills making use of orienteering courses	Basketball	Basketball	Defensive principles	Demonstrating an understanding of or having the ability to explain defending principles in a competitive situation
17	Rugby	Rugby	Basic skills & rules and regulations	Demonstrating or having the ability to explain rules & regulations in a competitive situation	Basketball	Basketball	Skill development (passing / shooting)	Demonstrating or having the ability to explain a sport specific complex skill
18	Rugby	Rugby	Attacking principles	Demonstrating an understanding of or having the ability to explain attacking principles in a competitive situation	Basketball	Basketball	Skill development (passing / shooting)	Demonstrating or having the ability to explain a sport specific complex skill
19	Rugby	Rugby	Defensive principles	Demonstrating an understanding of or having the ability to explain defending principles in a competitive situation	Basketball	Basketball	Applying principles in a game situation	Demonstrating or having the ability to explain how principles could be applied to a full sided game
20	Rugby	Rugby	Skill development	Demonstrating or having the ability to explain a sport specific complex skill	Football	Football	Defensive / Attacking principles	Demonstrating an understanding of or having the ability to explain defensive / attacking principles in a competitive situation
FEB HALF TERM								
20	Rugby	Rugby	Applying principles in a game situation	Demonstrating or having the ability to explain how principles could be applied to a full sided game	Football	Football	Applying principles in a game situation	Demonstrating or having the ability to explain how principles could be applied to a full sided game
21	Rugby (A)	Rugby (A)	Holistic Assessment	Tracker based assessment	Football (A)	Football (A)	Holistic Assessment	Tracker based assessment
22	Football	Football	Skill development (passing / shooting)	Demonstrating or having the ability to explain a sport specific complex skill	OAA	OAA	Orienteering Course	Use of map reading skills making use of orienteering courses
23	Football	Football	Skill development (passing / shooting)	Demonstrating or having the ability to explain a sport specific complex skill	OAA	OAA	Orienteering Course	Use of map reading skills making use of orienteering courses
24	Football	Football	Applying principles in a game situation	Demonstrating or having the ability to explain how principles could be applied to a full sided game	Basketball	Basketball	Applying principles in a game situation	Demonstrating or having the ability to explain how principles could be applied to a full sided game
25	Football	Football	Holistic Assessment - skill reassess	Tracker based assessment - revisiting to see if improvements have been made (feedback / forward focus)	Basketball (A)	Basketball (A)	Holistic Assessment	Tracker based assessment
EASTER TERM								
26	Athletics	Athletics	Events Calendar	Demonstrating correct technique under competition guidelines	Athletics	Athletics	Events Calendar	Demonstrating correct technique under competition guidelines
27	Athletics	Athletics	Events Calendar	Demonstrating correct technique under competition guidelines	Athletics	Athletics	Events Calendar	Demonstrating correct technique under competition guidelines
28	Athletics	Athletics	Events Calendar	Demonstrating correct technique under competition guidelines	Athletics	Athletics	Events Calendar	Demonstrating correct technique under competition guidelines
29	Athletics	Athletics	Events Calendar	Demonstrating correct technique under competition guidelines	Athletics	Athletics	Events Calendar	Demonstrating correct technique under competition guidelines
30	Athletics	Athletics	Events Calendar	Demonstrating correct technique under competition guidelines	Athletics	Athletics	Events Calendar	Demonstrating correct technique under competition guidelines
MAY HALF TERM								
32	Rounders	Rounders	Fielding Skills	Demonstrating or being able to explain how to correctly use fielding techniques (throwing/catching etc.)	Rounders	Rounders	Fielding Skills	Demonstrating or being able to explain how to correctly use fielding techniques (throwing/catching etc.)
33	Rounders	Rounders	Fielding Skills	Demonstrating or being able to explain how to correctly use fielding techniques (throwing/catching etc.)	Rounders	Rounders	Fielding Skills	Demonstrating or being able to explain how to correctly use fielding techniques (throwing/catching etc.)
34	Rounders	Rounders	Rules & Regulations Development	Be able to explain rules for the gameplay in Rounders	Rounders	Rounders	Rules & Regulations Development	Be able to explain rules for the gameplay in Rounders
35	Rounders	Rounders	Batting Skills	Demonstrating or being able to explain how to correctly use batting techniques	Rounders	Rounders	Batting Skills	Demonstrating or being able to explain how to correctly use batting techniques
36	Rounders	Rounders	Holistic Assessment	Tracker based assessment	Rounders	Rounders	Holistic Assessment	Tracker based assessment
37	Athletics	Athletics	Sports Day Preparation	(-)	Athletics	Athletics	Sports Day Preparation	(-)
38	Athletics	Athletics	Sports Day Preparation	(-)	Athletics	Athletics	Sports Day Preparation	(-)
SUMMER HOLIDAY								