

# Kindness Club Report

Mrs Isherwood-Cann



This year saw the inception of our Kindness Club at North Cestrian. This was a club that current Year 7 pupils asked for and showed super leadership in advertising and growing. We have met regularly on Tuesday lunchtimes and activities have included – writing appreciation cards for teachers and form tutors, decorating kindness cards, painting rocks with kindness slogans which will be displayed in the garden club garden. At Cest Fest a group of our original kind club members ran a stall to advertise Kindness club to our new Year 6 pupils and even had a sign up sheet for new members. We would like

to thank the PTFA for supporting Kindness Club this year and helping us buy



lots of new resources so we can invite more members from September. We look forward to meeting new members in September.

Have a lovely summer – can you think of a kind act to do this summer?



## Summer Kindness for Teens

- Walk a neighbour's dog.
- Cook dinner for your family.
- Collect litter – be sure to wear gloves.
- Clean your room (without being asked).
- Create thank you care packages for community helpers.
- Return someone's cart at the store.
- Call a relative you haven't spoken to lately.
- Introduce yourself to someone new.

July 2023

