

New Scientist

WEEKLY 2 September 2023

REVEALED: THE TRUE STORY BEHIND THE 'HOBBIT' DISCOVERY

INDIA'S MOON MISSION TRIUMPH

DOES EVERY WORKPLACE NEED AN AI WHISPERER?

THE SMARTER WAY TO UNWIND

Why relaxation could be as vital as sleep – and the six secrets to doing it better



No3454 £6.95 CAN\$9.99

PLUS CAN ALL ANIMALS GET DRUNK? /
AVI LOEB ON ALIEN FIRST CONTACT /
HOW TO BAKE THE PERFECT COOKIE

