

## North Cestrian School Lunch Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Plant Rich</b>				
BBQ Vegetable & Jackfruit	Quorn Chow Mein	Roasted Vegetable Lasagne Garlic Bread	Quorn Murgh Makhan	Spicy Bean Burger
<b>Global Main</b>				
Beef Stroganoff	Chicken Chow Mein	Beef Lasagne Garlic Bread	Butter Chicken Murgh Makhan	USA Style Chicken Burger
<b>Sides</b>				
Basmati Rice	Egg Noodles Chinese Greens	Roasted Vegetables	Rice Naan Bread	Chips, Beans, Curry Sauce
<b>Pasta and Jacket Potato Bar</b>				
Jacket Potato Beans, Cheese	Chicken, Tomato & Basil Pasta	Jacket Potato Beans, Cheese	Salmon & Creamy Pesto Pasta	
<b>Hand-Held from Grab and Go</b>				
Cheese & Tomato Panini Piri Piri Chicken Panini	BBQ Chicken Panini Cheese & Tomato Panini	Cheese Burger Quorn Southern Style Burger	Cajun Chicken Wrap Cajun No Chicken Wrap	USA Style Chicken Burger Spicy Bean Burger
<b>Hot Dessert</b>				
Syrup Sponge & Custard	Baked Jam Roly Poly Pudding & Custard	Peach & Apricot Crumble & Cream	Chocolate Cherry Sponge	Chocolate Ripple Cake & Cream
<b>Something Sweet</b>				
Fresh Whole & Cut Fruit, Vegetarian Jelly, Daily Prepared Specials & Tray Bakes				
<b>Hydration Station</b>				
A selection of reduced sugar soda's, juices, smoothies & bottled water				