

North Cestrian School Lunch Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Plant Rich				
Thai Red Vegetarian Curry	Southern Fried Quorn Wraps	Hunters Quorn Fillet	Vegetable Chilli Con Carne	Baked Tortellini Formaggio, Tomato & Basil Sauce
Global Main				
Thai Red Beef Curry	Southern Fried Chicken Wraps	Hunters Chicken	Chilli Con Carne	Fishcakes
Sides				
Bombay Potatoes Malay Sticky Jasmine Rice Prawn Crackers	Herby Diced Potatoes Roasted Vegetables	Garlic Green Beans Southern Fried Wedges	Braised Rice Pitta Bread	Chips Beans Curry Sauce
Pasta and Jacket Potato Bar				
Jacket Potato, Beans & Cheese	Mexican Jack Fruit Mac Cheese	Jacket Potato, Beans & Cheese	Hot Mac Cauliflower Cheese	
Hand-Held from Grab and Go				
Cheese & Tomato Panini BBQ Chicken Panini	Southern Fried Chicken Wraps Southern Fried Quorn Wraps	Cheese & Tomato Panini Meatball Panini	Quorn Pesto Wrap Chicken Pesto Wrap	Piri Piri Chicken Panini Cheese & Tomato Panini
Hot Dessert				
Jamaican Sticky Ginger Pudding and Custard	Sticky Toffee & Pear Pudding & Toffee Sauce	Apple & Blackberry Crumble	Marble Sponge & Custard	Lemon Drizzle Cake & Cream
Something Sweet				
Fresh Whole & Cut Fruit, Vegetarian Jelly, Daily Prepared Specials & Tray Bakes				
Hydration Station				
A selection of reduced sugar soda's, juices, smoothies & bottled water				