



# NEWSLETTER

4 November 2022



### Headmaster’s Message:

Today’s date is notable of course as the day the UK marks remembrance of the armistice of the First World War. The day weapons were laid down. As war rages on Europe’s doorstep, it’s important to remind ourselves of the horrors of war. The US Senator, John McCain, served as a naval pilot during the conflict with Vietnam. In 1967 his plane was shot down. Having parachuted, he fractured both arms and a leg and then was captured. He was kept as a prisoner of war for over two years, much in solitary confinement. He wrote,

*“War is awful. Nothing, not the valour with which it is fought nor the nobility of the cause it serves, can glorify war. War is wretched beyond description and only a fool or a fraud could sentimentalize its cruel reality. Whatever is won in war, it is loss the veteran remembers.”*

It seems to me there can be a ‘just’ war. One where resistance of evil is warranted. But equally, to be aware of what war entails serves to promote efforts to avoid war where we can and learn lessons from history. In English, pupils study war poets as they describe their experiences, prompting creativity for our pupils. An excerpt from one Year 8’s poem:

*War is like a rollercoaster;  
turns and twists,  
secrets and surprises  
trample on the lives of innocent people*

Today all our Year 7s, senior prefects and members of Cadet Forces attended a remembrance service at St Margaret’s Cenotaph, presided by Rev Seago. It helps us all to keep our collective promise, “We will remember them”.

#### Cestrian ABC

**Academic.** Dr Askey has produced an excellent piece on GCSEPod later in this newsletter. This is [a powerful](#) tool to bolster learning and a treasure trove of advice to aid revision and support mental health. Parents: please have a look and encourage your children to avail themselves of its offer.

**Behaviour.** All pupils have a Learning Journal. This covers the Cestrian ABC and helps pupils develop good behaviours – for learning and welfare. It is a requirement that all pupils have these ready during all briefings and each lesson. For this week – look at Page 59. Has your child accumulated any ABC points? Cross reference with Arbor fortnightly reports. Ask them WHY they got these points.

**Character.** A big thank you to our charity prefect captain Ashy G and his army of supporters: Emily H, Olivia S, Anfaal E, Josh H, Jood N and Rachael H for delivering and the collection of money for the poppy sales this week. Have a look on pg 54 of the learning journals to see how your child has reflected on their character development last term. Mr Bell’s piece expounds cultural capital and character opportunities in school.

**Dates for Diary:**

- 18/11 Y7 Social Eve
- 9/12 Own Clothes Day
- 13/12 Y11 PCE

**In this issue:**

- Deputy 2-3
- Academic 4
- Pastoral 5
- KS4 6
- Remembrance 7
- Geography 8
- History 9
- Engineering 10
- Charity 11
- PTFA 12-13



# DEPUTY REFLECTIONS - CHARACTER EDUCATION



Let's encourage investment in discovering opportunities and taking ownership for a rich, fulfilling life.

The Arbor Portal keeps a record of Character development. Click 'Statistics', 'Character Points' - expand menu.

"Personally I'm always ready to learn, although I do not always like being taught."

Winston Churchill

Pupils are guided in 8 character traits of NCS's character education programme. In lessons and beyond school, pupils have opportunities to pursue their new discoveries and are assisted to own the next steps in the development. Click the poster for a full guide.

Plan to experience and act on opportunities that build a rounded character. Send me genuine, sustained and significant examples of your pursuits rooted in the categories below. Your examples should contain a photo, written reflection referencing character traits, and evidence or certificate or reference from leaders.

Volunteer	Community Work	Artistic	Performing	see Cultural Capital Page
Debating		Leisure Pursuits	Sporting	Competitive Team / Individual



Do you know someone who is building their character?  
[Click to nominate a pupil.](#)  
**Investing in character development together!**

## Last Week's Celebrations - Role Model Pupils in the First Half Term

See me to claim your prize - school invests just as you have invested in....

Oct 22 Character Leaders			Attitude Oct 22 Role Models			Classwork Oct 22 Role Models			Growth Mindset Oct 22 Role Models		
R, Gaby	7JMI	20	G, Ava	7JMI	R, Gaby	7JMI	K, Curtis	7JMI			
K, Curtis	7JMI	13	W, Imogen	7DWI	O, Mollie	7VJE	A, Varin	7RTA			
H, Lizzie	7DWI	12	V, Angelika	8MSA	A, Marnie	8EKL	C, Jishnu	8RDO			
S, Olivia	11TWI	12	A, Yara	8MSA	A, Zakir	8EKL	W, Sienna	8SFE			
WL, Charlie	10JJA	11	A, Safa	9HVA	P, Cruise	9JRI	P, Hilda	9HVA			
T Emma	7DWI	10	S, Amelia	9SMI	F, Ivan	9HVA	J, Shashank	9MWO			
A, Joud	10ASI	9	WL, Charlie	10JJA	R, Talia	10ASI	R, Hallie	10JJA			
A, Safa	11TWI	9	C, Elliot	10JJA	A, Mina	10ACL	T, Christina	10ASI			
B, Jafar	11SWI	9	J, Mya	11SWI	S, Olivia	11TWI	K, Alfie	11JBA			
H, Emily	11TWI	9	M, Felix	11JSC	A, Niamh	11AWI	C, Peter	11JBA			
H, Ruby	10ACL	8	Participation Oct 22 Role Models			Use of Feedback Oct 22 Role Models					
O, Steven	10ASI	8	C, Alexander	7JMI	A, Fareed	7DWI					
T, Theodora	10FHE	8	C, Maisey-Leigh	7RTA	F, Luca	7DWI					
K, Aley	11JSC	8	H, Darcy	8EKL	C, Jishnu	8RDO					
W, Sienna	8EKL	7	A, Marnie	8EKL	H, Phoebe	8JDE					
A, Sami	9HVA	6	P, Hilda	9HVA	J, Tilly	9MWO					
D, Arabella	9LCO	6	N, Zena	9JRI	M, Farai	9SMI					
N, Marya	9HVA	6	R, Hayden	10ASI	WL, Charlie	10JJA					
R, Caitlyn	9MWO	6	T, Bobby	10JJA	G, Mae	10ACL					
			F, Max	11JBA	H, Emily	11TWI					
			M, Felix	11JSC	L, Mitchell	11JSC					

**Character nominations from parents, family + friends!**  
**Elsie S Y8**, from primary school pupils, **resourceful**: Elsie's short story, 'The Missing Worm' reviewed by a 4 and 6 year old and a parent. "We enjoyed it! It had similar techniques to other children's books, it was based on a quest, had a good ending, and had clear images to break up the easily readable text. Our tips are— use of punctuation to help younger readers read effectively and understand emotion. Build your resourcefulness by basing a sequel on some of the techniques of the best authors in the genre."

## Click the image for this week's Character Development Opportunities.

**Pop/Chamber Choir**  
 KS3 – Thursday lunch (5a) from 13:00 – 13:30  
 KS4 – Thursday lunch (5b) from 14:00 – 14:30



Y7, 8 + 9 are the judging panel on Fri lunch 13:30 to 13:40 in S3

On 8<sup>th</sup> December, music journalist and broadcaster **Stuart Maconie** is visiting. If you are interested in journalism, broadcasting or the music industry you can join Stuart for lunch. For a free ticket email how this meets your purpose and passion.

Science Library - Friday lunchtimes. Outside S4. Borrow and return books. Quiet reading.



**Astronomy Club**  
 Monday 19:30 - 16:30 S2  
 Reading + in S1 at break

**Red the News, Write the News** Thursdays after school with Mrs Ritchie. Meet experts and be a BBC Young Journalist.



**OXBRIDGE PREP**  
 ONLINE TALKS & WORKSHOPS

**Gardening Group**  
 Thursdays 3.30-4.15  
 In the Garden Area



# DEPUTY REFLECTIONS - CULTURAL CAPITAL

**Cultural Capital is the essential knowledge that we need to be educated citizens. It is the best that has been thought and said, and helps to grow an appreciation of human creativity and achievement.**

*The Arbor Portal keeps a record of Character development. Click 'Statistics', 'Character Points' - expand menu.*

*"All wisdom is not new wisdom" Winston Churchill*

Pupils are guided in the acquisition of cultural capital both in lessons and beyond school. It may be the origins or foundations of thought. It may be the deeper broader details or the where next and what ifs. It may be beyond the lesson or exam but yet essential to kindle passion, discover purpose, broaden horizons and enable sophisticated discussion.

Know someone building their cultural capital?

[Click to nominate.](#)

Plan to take these opportunities that build your cultural capital. Then make use of it. When you do this in lessons, teachers will award points. They will guide your next steps to go deeper and develop further. They will test your sophistication - is it genuine, relevant and significant? rounded character. **Subjects will use lesson based cultural capital opportunities.**

## Last Week's Celebrations - Role Model Pupils in the First Half Term

See me to claim your prize -  
school invests just as you have invested in....

### Oct 22 Cultural Capital Leaders

A, Sumayyah	9SMI	20
O, Steven	10ASI	13
A, Jad	10ACL	12
M, Naomi	7DWI	10
M, Sura	10FHE	10
B, Jafar	11SWI	7
O, Mikayla	7RTA	5
T, Emma	7DWI	5
D, Luke	9JRI	3
G, Mischa	8MSA	2
H, Yuet Ella	8RDO	2
P, Sophie	8SFE	2



What is your  
worldview? Where  
do you stand?

Click the underlines and images below for beyond lesson, topical and contemporary cultural capital. Pursue what you are most curious about. Email me with your first reflection on the source material. Write a 100 words summarising the main points. Then 100 words analysing why it is important? What is means for the future? Why is it cultural capital? Are you inspired? Again, our experts will guide next steps.

**Business:** [CEO Secrets - Which Cestrian character traits can you identify?](#)

Thinking of Business for GCSE? Drop in to U3 Wed/Fri break

[Choose Your Influential Musicians](#)

**Statistics:** [Is the collective wisdom of a crowd smarter than an individual expert?](#)

**English:** November is the month for remembrance,

- 1) Research a war poet and present your exploration of their life, experiences and works. (Wilfred Owen, Siegfried Sassoon, John McRae, Rupert Brooke).
- 2) Record or live present a poem from memory showcasing dramatic expression. (*Anthem for Doomed Youth* by Wilfred Owen, *The Hero* by Siegfried Sassoon, *In Flanders Fields* by John McCrae)
- 3) Write your own war poem.

**Humanities Breakfast Movie Club**  
Wednesday's 8am. Sign up on U12

**Humanities in the News:** See the Cultural Capital on the corridor.

**Food:** we use the best theory, watch the best skills, then create amazing products!

**Computer Science:** Share and discuss articles, videos & podcasts that you find that support legal, ethical, cultural & environmental aspects of technology.

**Science:** [How do scientists allow us to celebrate Diwali and bonfire night?](#)

Email me with how you are building your cultural capital in your own way

**Curie-osity Club - discuss big science in T2 KS4 lunch Gold Thursdays**



**MFL:** topical challenges every month - win tapas, restaurant visits and certificates

- Reading** novels specialist magazines journals newspapers
- Visiting** museums galleries museums theatre Further education
- Listening** orchestra choir podcasts
- Watching** films Current affairs documentaries
- Doing** volunteering Creative writing Making / designing Sports
- Experiencing new places and cultures Getting a head start on next year's study

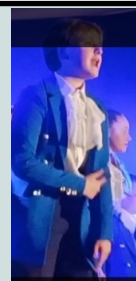
**Engineering:**  
Women in Engineering



**Festivals** are a big part of religious life. What festivals are happening from now to the end of the year? Identify the religion, the celebrations and any diversity of traditions that exist.

## Nominated Achiever

**Alex C (Y10)**  
performing Hamilton with his dance troupe 'Footlights



Sale', at Alton Towers in Chance 2 Dance.

**Sophia A (Y11)** was talking about the historical and modern day conflicts in the Middle East and linking how passions amongst here peers were also bonding friendships. Loads of pupils including Zach P, Owen Y, Elise S ("Every day we ignite the passion!"), Louis W, Freya C, Cyrus H, Jess M went to the [Manchester Arts Fair](#) - and emailed reviews and photos of the event! Well done Miss Henes took for the sharpest hook ever!

# ACADEMIC DIRECTOR - DR ASKEY

## Using GCSEPOD to enhance your progress

ONLY 53% Y10 and 83% of Y11 pupils have activated their account and are taking advantage of videos, quizzes, exam questions and more below. 11% of resourceful Year 9s have also taken the opportunity to explore it.

GO TO: [GCSEPOD WEBSITE](#)

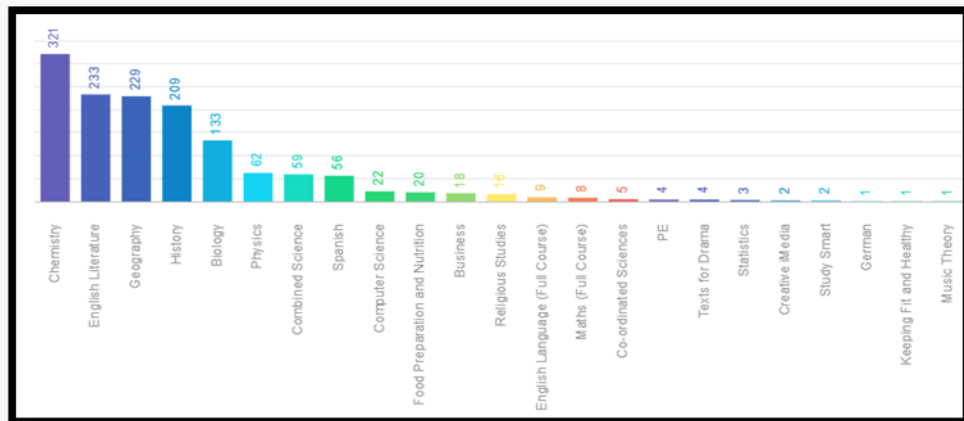
If you have never logged in – Start here and follow the instructions.

Once you have registered you can login here with your chosen username and password.

Once you have registered you can also use your school login details here.

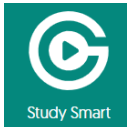
So far this academic year, pupils have watched 1419 Pods

Total Streamed		
1	Kevin Guo	124
2	Sari Munem	74
3	Jake Sahin Malone	61



## GCSEPOD also has much more to offer...

ENHANCING EXAM PREPARATION [WEBINAR](#): 30 MINUTES & USEFUL LINKED RESOURCES BELOW:



- [GCSEPOD REVISION TIMETABLE](#)
- [Importance of mocks poster](#) and [Revision Tips](#)
- Study Smart handouts: [Retrieval Practice](#), [Spaced Practice](#), [Interleaving](#) & Pods
- [Pomodoro technique](#) a popular way to revise using GCSEPod.
- Subject-specific interviews are short, snappy and full of useful tips from subject experts to prepare for exams. Use the subject links below: [Business](#). [Computer Science](#). [English](#). [Geography](#). [History](#). [Maths](#). [MFL](#). [PE](#). [Science](#).

[Parent Toolkit Introduction](#) – the **parent toolkit** has been designed to easily share top tips with parents to support students outside of the classroom. The toolkit contains 'how-to guides' for logging into GCSEPod, using Check & Challenge, Learning Activities and building playlists.

GCSEPOD [parent page >>>](#) Parent toolkit resources are also available in Chinese and Arabic.

We know many parents are concerned about their child's **mental health** so why not take a look at GCSEPOD [Wellbeing Pods](#) and support page [View resources >>>](#)

## Year 11 Impact Analysis

On average, regular users of GCSEPod achieved

**0.7** more Progress 8 points than non-users

On average, the highest users achieved

**20** Attainment 8 points more than non-users

Regular users of GCSEPod achieve, on average,

**1** grade higher per subject than non-users

Data collected from 3,528 Yr. 11 students, across 24 schools

# PASTORAL DIRECTIONS - MR BROWN

Hello North Cestrian! Welcome to the page of all things Pastoral!

## Personal Development

This week sees the start of North Cestrian's anti-bullying fortnight. National Anti-bullying week has, as this year's focus, the phrase of 'reach out' This can be in relation to reaching out for help and support and reaching out to each other. This week's assemblies have been all about how we can reflect and be responsible for our own social interactions. I am a great believer in fresh starts, and we can all reflect on the appropriateness of our own behaviour and try to improve our own social interactions. This will ultimately make our school community stronger and more supportive.



This Anti-Bullying Week, let's come together and **reach out** to stop bullying.

**REACH  
OUT**

Monday 14<sup>th</sup> to  
Friday 18<sup>th</sup> November  
#AntiBullyingWeek  
#ReachOut

The poster features a purple background with a green arrow pointing right and a white arrow pointing left. A photograph of two girls laughing is on the right. The text is in white and black.

## LIKE TABLE TOP GAMES??

One of the ways in which we can improve on our social interactions and make more progress in school is by attending after-school clubs. One of these clubs is **Warhammer Club** which takes place on Wednesday evenings after school in the art room. The club is run by Mr Brown and Mr Bracewell and is focused on playing various table-top wargames.



What a great start to the Key Stage from our new recruits. The Summer has seen many reflect on our ABC Cestrian Way and returned with renewed attitude. What is so satisfying is that it's represented in the data. Attendance is above the Local Authority expectation of 95%. Behaviour incidents are very low (0.38). Although, here is a need for those with poor punctuality, currently on Form Tutor report to hear and apply the messages from assemblies. Character has seen 255 points recorded with many pupils receiving public recognition during our Friday assemblies.

Students have received their log in codes for Unifrog. This allows students to begin to build their Career profile in readiness for next year's College applications. See below for some suitable 'Tools' to have a go at.

Following our P8 measure of +0.33 the school and the students can be reassured by the 'Cestrian way' knowing that the delivery of teaching works. So much more of the same required during this half term.



Unifrog is our partner software package that allows the school to meet the Gatsby Benchmarks. Students have received training on using the package. Particular highlights have been reading some of the CV Resume that students have created using the package.

Rewards have been given to 10ASI for their engagement with the package a lovely box of 'Cadbury Chocolates' was delivered to a very proud Mr Singh.

Over half term, Ms Janiak's and Mr Cliffe's forms have surged and will push Mr Singh's form for the next box of chocolates.



**Congratulations** to the following pupils who have received public recognition for their excellent start to Year 10:

Character recognition: **Harley R (10ACL) Tiffany C (10JA), Seb H (10FHE), Charlie W.L (10JA)**

Academic recognition: **Harry P (10ASI), Hayden R (10ASI), Minahill I (10FHE), Brianna R (10JA)**





# REMEMBRANCE SERVICE - 2022





# GEOGRAPHY - MR PULLEN

## What is COP 27?

United Nations (UN) climate summits are held every year, for governments to agree steps to limit global temperature rises. They are referred to as COPs, which stands for "Conference of the Parties". The parties are the attending countries that signed up to the original UN climate agreement in 1992.

## Why is it important?

The world is warming because of emissions produced by humans, mostly from burning fossil fuels like oil, gas and coal.

Global temperatures have risen 1.1C and are heading towards 1.5C, according to the UN's climate scientists, the Intergovernmental Panel on Climate Change (IPCC).

If temperatures rise 1.7 to 1.8C above 1850s levels, the IPCC estimates that half the world's population could be exposed to life-threatening heat and humidity.

## Where is it taking place?

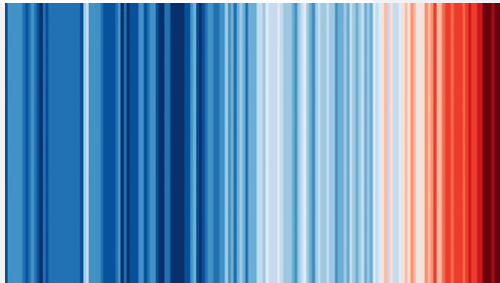
The conference is taking place in the Red Sea resort of Sharm el-Sheikh in Egypt. This will be the fifth time a COP has been hosted in Africa.



*An exciting Character Opportunity.....*

**COULD THIS BE YOU?**

*IF YOU'D LIKE TO FIND OUT MORE ABOUT BEING  
A HUMANITIES AMBASSADOR  
PLEASE SPEAK TO MR PULLEN IN L11*



## Pupil GEMS



These pupils have made an excellent effort in Geography at North Cestrian over the past few weeks.

Year 7	Micah. C	For excellent and passionate attitude to learning when studying Tropical Rainforests.
Year 8	Anwita. C	For a superb start to her Geography career at North Cestrian. Provided thoughtful and sophisticated answers and a real purposefulness to her work.
Year 9	Izzie O'D	For a passionate and sophisticated response using a planning sheet to answer a high demand command question.
Year 10	Karis. C	For excellent engagement and sophisticated questions and answers during her River Landforms lessons.
Year 11	Lucas. A	For showing a real engagement and passion in his most recent lessons when studying Weather Hazards.





## Remembrance Day 2022

From [What we're remembering this year | Royal British Legion](#):

*In 2022 we are remembering and commemorating military and civilian service.*

*Service, the act of defending and protecting the nation's democratic freedoms and way of life, is rarely without cost for those who serve. Physical, mental or emotional injury or trauma; the absence of time with family; or the pressures and dangers that come from serving, highlight why the Remembrance of service is so important.*

Our Year 9s are currently studying a unit on World War One and are currently looking at the key causes. It is incredibly important to study past conflict; to analyse the reasons behind decisions to go to war and to reflect on the devastating impact war can have. It is up to you, the children of today, to become the leaders of tomorrow to become – to take these atrocities into consideration and to build a world we can be proud of.

## History Careers

If you are interested in taking History further to GCSE or beyond, but are unsure about where History qualifications can take you, consider looking at [Careers with History / Historical Association](#). Many people do not realise how many doors can open with a history qualification; law, media and journalism, politics, police, teaching, national and local government, the Civil Service, to name but a few! Ask your history teacher for more guidance or follow the link.



I love history but I've got to think about a career!



Year	Topic:
Year 7	The Succession Crisis 1066
Year 8	The Life and Reign of Elizabeth I
Year 9	Causes and Conflicts of World War One
Year 10	Germany: The Weimar Government, Conflict and Tension: The Treaty of Versailles, Health and the People: Treatment of Illness and Disease
Year 11	Germany: Life in Nazi Germany, Conflict and Tension: the Road to WWII, Elizabethan England: Elizabeth background

**GCSE Revision and Exam Skills:** Blue Thursday 3:25-4:15 with Miss McTiernan

### Cultural Capital: Black History Month (October)

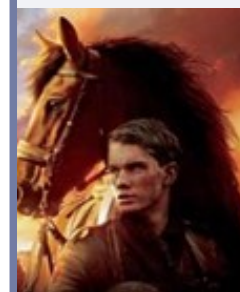
Due to a record number of Cultural Capital submissions for this year's Black History Month, it is still taking some time to work through the responses to everyone. Thank you for your patience; you will get a response by the end of this month!

**New Cultural Capital Opportunity: Cinemanities Club WAR HORSE screening:**

8AM Wednesday Mornings. Sign up sheet U10. Limited spaces available. Free breakfasts available.

# B:M2022

DIG DEEP, LOOK CLOSER, THINK BIGGER





Y7 student Freya C (*pictured*) volunteered to sell poppies for the Royal British Legion last weekend. She even learned how to use a card reader! New skills and **lots** of money raised! It was a very busy environment but she stuck at it and smiled the whole time!

## ENGINEERING - MR CRUXTON

Extra Cultural capital opportunity. From 7<sup>th</sup> November to the 11<sup>th</sup> November" is "Tomorrows engineer's week" and I would encourage every pupil, in every year to watch the presentation about Engineering in the future and the role it plays in our ever-changing world. If you write a brief article and send it to Mr Cruyton you can also get extra cultural capital points.

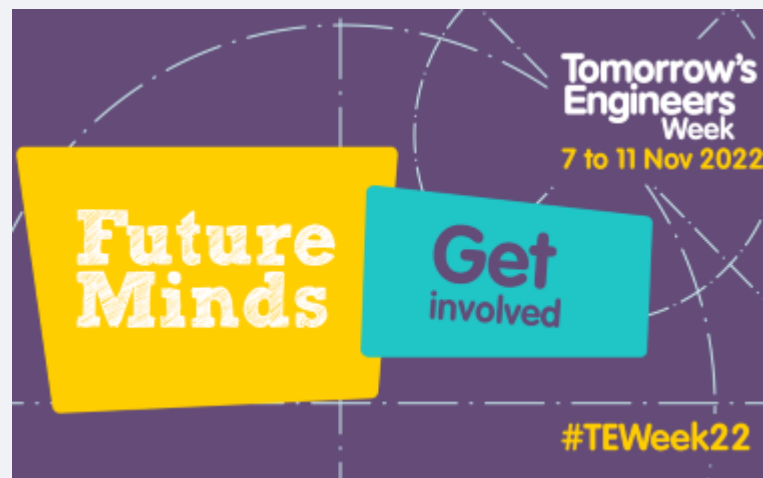
Just use the link below to access the short presentation.

[CLICK HERE FOR PRESENTATION](#)

### Watch the Future Minds broadcast - Tomorrow's Engineers Week

The broadcast is co-hosted by STEM-Champion Fayon Dixon and notable engineer Simon Crowther. It features students talking about their ideas on what the next 10 years might have in store for engineering and engineering careers with inspiring engineers in entertainment, sport, technology and the environment.

teweek.org.uk





## A BIG THANK YOU!!!

We would like to give a **thank you** to these wonderful businesses who donated prizes for our Halloween Cake Competition and we do hope that our prize winners thoroughly enjoy their fabulous vouchers.

- Coffii22
- LD24 Coffee
- The Vintage Tea Rooms
- Nail Art

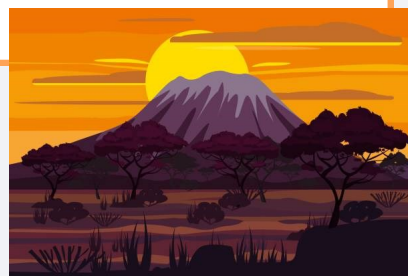


## North Cestrian Sponsored Climb

On Saturday 3rd December, a small team of pupils from North Cestrian School are intending to climb the height of Kilimanjaro in a day at Awesome Walls, an indoor climbing centre in Stockport.

Kilimanjaro is 5895m high but the tallest wall at Awesome Walls is only 23m high! It is going to take teamwork, physical and mental strength plus determination from all to succeed.

If you would like to sponsor us, please contact Mrs Few on [s.few@northcestrian.co.uk](mailto:s.few@northcestrian.co.uk) or speak to one of our ambassadors.



# PTFA NEWS - CHRISTMAS EVENTS

North Cestrian PTFA

## OWN Clothes DAY



**Friday 9th December 2022**

£2 Via ParentMail PMX this also gets you a free entry into the Christmas Raffle!

For more information: 0161 928 1856 / visit us:  
[www.northcestrian.co.uk](http://www.northcestrian.co.uk) / @northcestrian pta



North Cestrian  
School's

*Christmas*

Carol  
Service

Join Us for an evening of superb traditional Christmas carols, performances from NCS Staff Choir, Pupil Choir & School Band.

St Margaret's Church,  
Altrincham:  
Thursday 8th December,  
7 - 8pm

Festive refreshments provided by the  
PTFA.







**NORTH CESTRIAN PTFA:**

# **CHRISTMAS**

# **RAFFLE**

**YOU HAVE TO BE IN IT TO WIN IT**



**FRIDAY 9TH DECEMBER 2022**  
GET YOUR TICKETS NOW, VIA PARENTMAIL PMX £5 FOR 5 OR £3 FOR 3 FOR A CHANCE TO WIN AN APPLE IPAD & MANY MORE FANTASTIC PRIZES

FOR MORE INFORMATION: 0161B 928 1856 / VISIT US:  
[WWW.NORTHCESTRIAN.CO.UK](http://WWW.NORTHCESTRIAN.CO.UK) / @NORTHCESTRIANPTA

Made with PosterMyWall.com

NORTH CESTRIAN SCHOOL PTFA

## **PTFA**

# **SOCIAL EVENING**

FRIDAY 18th NOVEMBER 2022  
7:00pm - LATE

VANSTONE HALL

TICKETS VIA PARENTMAIL PMX

£5  
Welcome drink on arrival with cheese & biscuits included!  
there is also a bar available for the night

PLEASE NOTE THAT THIS IS AN ADULTS ONLY NIGHT

**Have you bought your tickets for the Social Evening? .. OPEN TO ALL YEARS!**