



NEWSLETTER



HEAD'S MESSAGE

The dose of sunshine this week has been very welcome and it is to be hoped the weather allows people to spend time in the healthy outdoors. This is a good thing because Covid is beginning to increase in infection rates in school and as part of the bigger local and national picture. The guidance is still in place to remain off work/school if there are symptoms and positive test results. This impacts school as staff have to remain at home, and agency staff are difficult to recruit. Like every institution, it means our service is stretched. I am grateful to everyone who is working flat out to ensure a safe and effective education.

This week saw the beginning of the Year 11 trial exams. These are very important for the pupils. If there is re-run of teacher-assessed grades, (and there is a very small but existent chance) then these results would form a significant part of the overall assessment. The trial exams ensure pupils become familiar with the regulations and restrictions so they avoid future breaches. Furthermore, the exams get pupils used to the intensity of the exam room so they are less likely to suffer stress during the real things. This is why we treat them very seriously. Finally, the exams are formative in nature. This means they allow pupils and staff to establish strengths and weaknesses in their knowledge so they can see how to improve in time for the summer sessions.

Once the exams are finished, the Easter break should be a chance for the pupils –and staff – to recharge their batteries. With the exception of some coursework sessions where specialist equipment is needed, we will not be running Easter Workshops over the holidays. These can be counter-productive: pupils have been equipped to revise successfully in their own time and by constructing a meaningful programme. Too often the workshops are seen as a ‘get out of jail free’ card and as a means of revision. Not so: steady repeated learning, inter-leaved sessions, spaced recall and self-testing are proven to be the most effective ways to revise. Furthermore, this approach builds responsibility and sense of purpose – key character traits for their future lives.

Parent Governor

The date for ballot papers to be accepted has now passed. Thank you for those who took the time to read and return your ballot forms.

Mobile Phones/ Social Media

Our rules on mobile phones are there to protect our pupils. They must be turned off and stored safely out of sight until the pupils are off site. Compliance is very good indeed. We have no control over mobile phone use outside normal school hours. Parents should monitor what sites their children are accessing, their use of social media platforms and messages and images they post. Most are harmless, some are witty and clever but sometimes the language, abuse and cruelty are beyond belief. Please check how your children are using these platforms and teach them to be civil, polite and respectful whilst on-line as well as off.

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SPECIAL POINTS OF INTEREST:

“ACEF”

Find out more on Page 3.

CONTACT INFORMATION

FORM TUTOR CONTACTS:

7EKL l.klutz@northcestrian.co.uk
7JDE j.dennison@northcestrian.co.uk
7SFE s.few@northcestrian.co.uk
7MSA m.saker-clark@northcestrian.co.uk
7CRY c.ryland@northcestrian.co.uk

8DVA n.lawson@northcestrian.co.uk
8SMI s.mills@northcestrian.co.uk
8HVA h.vaughan@northcestrian.co.uk
8JRI j.ritchie@northcestrian.co.uk
8MWO m.worswick@northcestrian.co.uk

9ASI a.singh@northcestrian.co.uk
9GHA g.hancock@northcestrian.co.uk
9SPU s.pullen@northcestrian.co.uk
9ACL a.cliffe@northcestrian.co.uk
9FHE f.henes@northcestrian.co.uk

10JSC j.scott@northcestrian.co.uk
10AWI a.wilson@northcestrian.co.uk
10TWI t.wilson@northcestrian.co.uk
10SWI s.wilson@northcestrian.co.uk
10JBA j.badman@northcestrian.co.uk

11ACO a.collins@northcestrian.co.uk
11DWI d.williamson@northcestrian.co.uk
11VJE v.jesudason@northcestrian.co.uk
11VCA v.isherwood@northcestrian.co.uk
11MBR m.bracewell@northcestrian.co.uk

Did you know?

If you have any concerns or queries regarding your son or daughter, the **FIRST PORT OF CALL** should be their Form Tutor.



ALL PARENTS AND STUDENTS WELCOME,
BRING ALONG FAMILY/FRIENDS

ALL AGES WELCOME!

ONLY £3

ZUMBA CLASS

MEET ME ON THE DANCEFLOOR!
@NORTHCESTRIAN SCHOOL, Saturday mornings

SATURDAY
09:30 AM - 10:30 AM

COME AND JOIN US!!

Ms Billany
a.billany@northcestrian.co.uk

The advertisement features a central image of a woman in a white t-shirt and black leggings jumping joyfully on a wooden dock by a lake. The background is a bright blue sky and green trees. The text is arranged around the image, with 'ONLY £3' in a pink box at the top left, 'ZUMBA CLASS' in large white and green letters in the center, and 'SATURDAY' in a pink rounded rectangle below it. The bottom right contains the instructor's name and contact information.



If you are on twitter and have not yet followed the school page please do.
@CestrianNorth



acef

Providing dignity and opportunity
through education

I wanted to say a huge thank you to the amazing team of ACEF Ambassadors who worked so hard, together with members of the Salaam Charity, to make the Culture Day such a success. I am immensely impressed with how much time, energy and effort was invested in preparations for this fun and fascinating day. In particular, our year 11 ambassadors Rashmi, Tessa and Ryaan were instrumental in the overall organisation of the day and ensuring events ran smoothly – from the incredible array of tasty ethnic treats being sold to the beautiful henna hand painting that took place during break and lunchtimes. Thank you also to all the rest of the ambassadors who gave up their time to sell the snacks and all those who spent hours over the weekend creating the culinary delights that were to be enjoyed by pupils and staff. The range of costumes on the day was

spectacular and another huge thank you must go to every pupil that proudly came to school wearing clothing of their ethnic heritage and taught us more about the wonderful variety of cultures we have within our school. It is a beautiful thing to see young people giving of themselves in so many ways purely for the good of others less-fortunate than themselves.

The ACEF fundraising team and some wonderful staff members are really making a difference in the lives of these children in Kenya and over the last year, close on £1500 has been raised to help improve the lives of the children at the Brainhouse Academy in the slums of Mathare North, Kenya.

Ms Billany's dedication to Zumba on a Saturday morning is contributing to the charity and Ms Johnson has supported through Bake Sales and competitions in the English department which has enabled the purchase of new books within the school. I cannot thank you all enough for the ongoing support of this wonderful little charity that is working hard to help around 1000 pupils to gain an education and a future outside of the slums. For more information, click on the link: <https://www.acef.uk.com/>

Mrs Few



Look at the weekly Character Development Opportunities sent by email and linked at the bottom of this page.

Click quick to beat limited spaces. New this week are Choir and Orchestra opportunities.

Your school reports and Arbor Portal present the evidence of your character development.

You too can nominate pupils here [Newsletter Readers' Nominations for Character Development](#) to

receive recognition of a genuine, sustained and significant character development. This will encourage further investment from the nominee and the school in their plans for a rich, fulfilling life. **Let's invest in character development together!**

Early in the summer term we will be delivering a **Resilience Workshop for Pupils** through 1-to-1, small group and class-size events. The infographic below will guide you through what 'resilience' is and we have identified that developing a resilience is fundamental to building other character traits and being successful in school and life. We already have a list of pupils built from the feedback from school staff and the input of pupils from the Character Workshops and Form Questionnaire in 2021. **Pupils and parents can also use the link below to nominate themselves or their child for the Resilience Workshop.** Do you think that the pupil could benefit from developing some techniques which will bolster these qualities? Or, for instance, does this sound like you... I would rather not be wrong so I do not commit to an answer? I don't like tests or dealing with feedback? I wish I had more courage, discipline or organisation? I could do with more stickability. I wish I could bounce back more quickly after a set back? I don't like being put under pressure!



resilience

/rɪˈzɪliəns/

noun

1. the capacity to recover quickly from difficulties; toughness.



Conscious effort to make quick return to positivity and achieving goals following a set-back. Staying in control to benefit the bigger picture.

[Sign yourself or your daughter/son up to a Resilience Workshop HERE](#)

Platinum Postcards for Modern Foreign Languages: Achievement and Progress respectively.

Y7 : Kayden Z /Gavin L, Y8: Cameron D / Ali F, Y9: Yashvi M / Amy P, Y10 : Jafar B / Cameron S,

Y11 Sp : Alice B / Laila D, Y11 Fr : Fujino K / Yuvraj S

Achievement: Your results are testament to your excellent attitudes to learning throughout the year. Pupils who achieve success show many of our character traits and are role models for others: they show a **responsibility** to have systematic approaches to prep and learning in general; they show **passion** and **sophistication** - completing the extra work or adding thoughtful and insightful contributions in class; they show a **purpose** because they know what they want to achieve and where to focus, they show **resilience** in their learning journeys and see learning from their mistakes as a positive part of that ; they show a **generosity of spirit** by providing support for others in the class.

Progress: These pupils have shown an excellent attitude to their studies and have made the most improvement since the last data capture in their respective cohorts. They have shown that they have reflected on the last term's work, have set themselves targets, and have worked with purpose to meet them. They have **learned from their mistakes** and have shown **passion** and **resilience** to make the improvements - and their effort has been rewarded.

[Character Development Opportunities: click the image —](#)



DEPUTY REFLECTIONS

CULTURAL CAPITAL

Cultural Capital opportunities will support sophisticated learning, broaden horizons and hook interests on the way to plotting and living your own rich and fulfilling life. Cultural Capital is the essential knowledge that we need to be educated citizens, it is the best that has been thought and said, and helps to engender an appreciation of human creativity and achievement.

Explore the 25 bricks - choose 3 to pursue that you are most curious about. You may pursue a fourth of your design... something that is not on our list but has piqued your interest from elsewhere in life.

Email me with your first reflection on the source material - 100 words summarising big points + 100 words analysing why this is important to you? What it means for the future? Why it is cultural capital? What has it inspired you to do?

Your teacher will award 3 points and respond to your initial reflection and guide your next step. Maybe by asking you a more in depth question or asking you to develop a thread.

Email me with your second response which directly answers the subject specialist's guidance.

Your teacher will respond with "well done" and award a second 3 points. Then guide you to take this further by watching..... listening..... reading....visiting....exploring.

You should then swim in this opportunity and email me the evidence of your development. I will award a third 3 points.

Your teacher will then refer to the sophistication / test your sophistication in verbal interactions in lesson or beyond. Genuine, significant and sustained sophisticated will be awarded with 5 points.

Ononye, S	13		
Ahmed, S	12		
Goldstone, M	8		
Dorey, C	7		
Hoq, N	7		
Leung, S	7	Chu, R	2
Nobbs, F	6	Gaikwad, I	2
Huang, R	5	Green, M	2
Eze, C	4	Griffiths, T	2
Guo, A	4	Hart, G	2
Ononye, A	4	Marsh-Patrick, L	2
Banerjee, A	3	Najjar, M	2
Elyas, O	3	Noun, I	2
Fox, I	3	Omrnian, A	2
Ho, C	3	Pinchbeck, A	2
Joshi, S	3	Preece, O	2
Naguleswaran, K	3	Torrecilla Yamamoto, M	2
Peiris, L	3	Vardazaryan, A	2
Street, D	3		
Theodoropoulou, T	3		
Abufara, A	2		

Art



Who is Yinka Shonibare?

Business



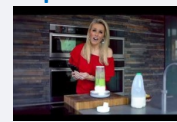
Watch an episode.

British Value Citizenship



Which the most important and why? How do the values relate to your school life?

Computer Science



Are Smart Homes cool or a con?

Creative IMedia



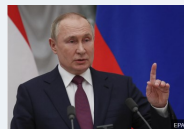
The future of gaming is mobile! Discuss

English

Can you think of a way to encourage more people to celebrate reading?

This year's World Book Day set to be most popular ever | Books - the Guardian

Pupil's Brick Idea



Research both angles on the conflict. Is Nato a worry for Russia? How would you diplomatically solve things?

Engineering



Submit a photograph and explanation of a toy or kit you made or put together over the

Food



What if the whole world went vegan?

Geography



What do you think of Geo-politics?

Headmaster



Discuss the good things and not so good things?

History



Free breakfast Film 0800 Wednesdays in U10

Literature



Click the library - send your book review

Maths



Select 3 Pi Day facts and develop your own investigation into each

Media Studies



What is the big problem facing the British film industry?

MFL



Linguist Opportunities

"If James Bond could speak an MFL, what would he choose?"

Music



John Williams

Performing Arts



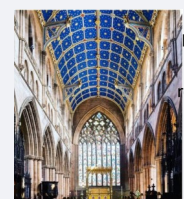
Is live theatre or film better?

Psychology



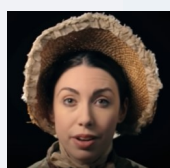
Are you a Wordle hater? Click link and task

Religious Studies



How do you practice mindful meditation / relaxation in your own busy life?

Science



Would you describe Mary Anning as a scientist? Why? Why not?

Science



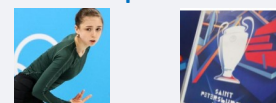
False choice: electric vehicles require deep sea mining?

Statistics

The Datasaurus Dozen

Why do data scientists spend so much time exploring data using graphics?

Sports



Should Russia not be allowed to compete in or host sporting events?

X!



Watch this and research further. Tell me why this is Cultural Capital.



Are you passionate about Languages? Are you resourceful and resilient?

Calling passionate Linguists—Modern Languages National Challenge is running in the school—see Ms Hayes for details in L12

Coming Soon...

- * **Years 7-8** - Feedback from Assessments is now happening.. Main areas for improvement are: prep techniques (we are now sending the Quizlet links in some of the homeworks to help you with your technique); and revising over the older vocabulary . Remember little and often is more powerful than copying in one go
- **Y10 10**—Mock exams after Easter. We will do a brief speaking test on General Conversation Mod 2 (school questions) and a photocard . Writing topics will be shared before Easter
- * **Year 11— Period 6 Wed / Thursday Gold / Blue week** and Monday Lunchtimes in L12
- * **Real Speaking exams** will start for French the week after Easter; and for Spanish the second week back
- * **Writing technique**— building a bank of useful verbs in past / present / future is a good starting point.—remember Writing 90 word and 160 word questions will be weighted towards **Theme 3**.
- **Y9 - GCSE** start to look over your grammar in preparation for next year . Key verbs—lo have / to be / to do / to make ; opinion phrases + because/ basics like numbers / colours / days / months / times

CULTURE VULTURES : MFL STYLE!

IN LESSONS WE HAVE BEEN LEARNING ABOUT DIFFERENT WAYS OF CELEBRATING. SOME CELEBRATIONS ARE DIFFERENT AND OTHERS ARE SIMILAR. CAN YOU GUES WHAT THESE CARDS ARE FOR?



In Engineering lessons

Y7 have been researching their literacy themed project to adapt a story into an animated film and design a jitterbug as part of the merchandise to support its launch. Students will be completing their designs and starting manufacture shortly.

Y8 have been learning to work accurately to within a 1mm tolerance by marking out the frame for their automata and carrying out quality control check to ensure their work meets the required tolerance.

Y9 have been learning about industrial practices through carrying out materials inspections, marking out identical products using lean manufacturing techniques such as templates, and cutting out their plane bodies, carrying out and documenting quality control checks at every stage.

Y11 are working on assembling their lamps and completing their design coursework.

Engineering careers

Engineering is a wide and varied sector. These are 8 of the highest paid jobs in engineering:

- Aeronautical engineer
- Chemical engineer
- Mechanical engineer
- Biomedical engineer
- Electrical engineer
- Civil engineer
- Petroleum engineer
- Robotics engineer



In recent classes we have been discussing different routes into engineering. If you are interested see how your strengths and passion could lead to a future career.

<https://mtfy.org.uk/>

Y11 Engineering Drop-in

Opportunity to use the machines and improve your work during P5 after mocks and Wednesday and Thursday after school.



FOOD TECHNOLOGY NEWS

Rendezvous Café Roasted Vegetable Mediterranean Pizza's



Just look at what our new Rendezvous Sous Chefs are producing at the afterschool club on Mondays, We have a varied mix of year groups attending the new savory cook club. They are producing high quality finished food items.

I am so made up, Thanks to them all Mr. Millard



Y11 NOTICES

Speakers for School Virtual Work Experience:

Speakers for schools now have a fully updated online brochure of their opportunities which is accessible via the QR code below. Students and parents can at anytime access this link and see all of the upcoming opportunities.



<https://qrco.de/S4SVWEX>

Class of 2022 Hoodie

Orders can now be placed on Parentmail PMX via School Shop for the Leavers' Hoodie.

Available in a variety of colours and sizes!

Deadline for orders is 7 May 2022



NOTICES

BAG 2 SCHOOL **FREE FUNDRAISING FOR SCHOOLS**

In partnership with your school or organisation



North Cestrian School



Bag 2 School is a company that specialises in the reuse and recycling of good quality second-hand clothing and we have arranged to make a collection from your school. All the bags will be weighed and you will be paid for the total weight collected. Remember, the more you collect the greater the benefit to your school.



By using this paper leaflet we are helping to reduce unnecessary extra plastic. Please use your own bag or bags (there is no limit). The leaflet is FSC accredited, please recycle it.

When the clothes have been removed from the bag the plastic will be packed and sent for recycling.

We are collecting good quality items for RE-USE:

Men's, ladies' & children's clothing, paired shoes, handbags, belts & accessories.

(No uniforms, workwear, pillows, duvets or pieces of fabric please)

The more we weigh the more we pay!
Extra bags are welcome - there's no limit

BAG 2 SCHOOL IS BACK!!

DONATIONS WELCOME ANYTIME!

SORRY NO CURTAINS!!