



NEWSLETTER



HEAD'S MESSAGE

For Christians, the abiding message of Easter is re-birth. It is a gift of 'starting over'. The symbolism is all around us – chicks from eggs or Easter baby bunnies. The word Easter itself harkens back to pre-Christian times – Eostre, goddess of Spring – a time of renewed flowering. For Christians this is more than a boost of energy, it is a time to celebrate the resurrection of Jesus Christ. In every sense of the phrase, it is a renewed life. Well, I'm not here to proselytize, but I will celebrate the end of term to give everyone - pupils and staff - a time to recharge their life batteries and return in the summer term with renewed vitality.

Estates

I am pleased to announce that governors have agreed to commission an upgrade to parts of the school's lighting systems. Those sections that were not part of the rebuilding programme that ended in 2019 will have new LED systems installed. The lights will greatly improve the illumination in places like the Vanstone Hall, Hamblin House and the Science Labs, reduce the consumption of electricity – saving money and our carbon footprint. Additionally, the LEDs should prove to be long lasting and reliable, saving maintenance and down time.

Calendar

School breaks today for the end of Spring term. We re-open for Summer term on Monday, 25th April – which will be a BLUE week. It is also the beginning of Year 10 Exams.

Year 8 Parents' Evening is Tuesday 26th April, 4-7pm – this is on-line. Please ensure you have successfully logged in.

School is CLOSED Monday May 2nd for May Bank Holiday.

There is a QUIZ NIGHT run by the PTFA on Thursday 12th May, 7-9pm. See the ad later in this newsletter. Tickets £5, includes light refreshments. There will be a bar on the night. Join a Team and pit your wits against the teachers!

Staffing

We are sorry that Mrs Hancock is leaving North Cestrian for pastures new. She has made a real impact on all the pupils in her care, and her colleagues, especially those in the Science faculty will miss her. We wish her well for the future and I know she will love being able to spend more time with her family.

Miss Rachel Taylor has been appointed to take over from Mrs Hancock's classes. She joins us from her current school in Cheshire, but has previously taught as far afield as Malaysia and China. She holds a Masters Degree in Electrical and Electronic Engineering and has a particular interest in astronomy.

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SPECIAL POINTS OF INTEREST:

"Poetry"

Find out more on Page 12.

CONTACT INFORMATION

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8HVA h.vaughan@northcestrian.co.uk
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8MWO m.worswick@northcestrian.co.uk

9ASI a.singh@northcestrian.co.uk
9GHA g.hancock@northcestrian.co.uk
9SPU s.pullen@northcestrian.co.uk
9ACL a.cliffe@northcestrian.co.uk
9FHE f.henes@northcestrian.co.uk

10JSC j.scott@northcestrian.co.uk
10AWI a.wilson@northcestrian.co.uk
10TWI t.wilson@northcestrian.co.uk
10SWI s.wilson@northcestrian.co.uk
10JBA j.badman@northcestrian.co.uk

11ACO a.collins@northcestrian.co.uk
11DWI d.williamson@northcestrian.co.uk
11VJE v.jesudason@northcestrian.co.uk
11VCA v.isherwood@northcestrian.co.uk
11MBR m.bracewell@northcestrian.co.uk

Did you know?

If you have any concerns or queries regarding your son or daughter, the **FIRST PORT OF CALL** should be their Form Tutor.



ALL PARENTS AND STUDENTS WELCOME,
BRING ALONG FAMILY/FRIENDS

ALL AGES WELCOME!

ONLY £3

ZUMBA CLASS

MEET ME ON THE DANCEFLOOR!
@NORTHCESTRIAN SCHOOL, Saturday mornings

SATURDAY
09:30 AM - 10:30 AM

COME AND JOIN US!!

Ms Billany
a.billany@northcestrian.co.uk

The advertisement features a central image of a woman in a white t-shirt and black leggings jumping joyfully on a wooden dock by a lake. The background is a bright blue sky and green trees. The text is arranged around the image, with a pink bar above the 'ONLY £3' text and another pink bar below the image. The overall design is vibrant and energetic.



If you are on twitter and have not yet followed the school page please do.
@CestrianNorth

NOTICES



**YEAR 8 & 9
Trip Opportunity!!**

**"COSTA RICA 2023"
Please see Mr Bell
For more details.**

A poster for a quiz night. The background is black with white text and mathematical symbols. At the top, it says "NORTH CESTRIAN PTEA" in a stylized font, with the Greek letter pi (π) to the right. Below this, the words "Quiz Night" are written in a large, white, cursive font. In the center, there is a cartoon illustration of Albert Einstein with his hands raised in a gesture of surprise or excitement. Below the illustration, it says "£5 a ticket" and "Prize for the WINNER!". At the bottom, it says "THURSDAY 12TH MAY 2022" and "7 - 9 PM". To the right of the date, it says "ADULTS ONLY" and "BAR, REFRESHMENTS & RAFFLE AVAILABLE". The poster is decorated with various mathematical formulas and symbols, including a chemical equation: $3 \text{C}_6\text{H}_5\text{OH} + 3 \text{H}_2\text{SO}_4 \rightarrow 3 \text{C}_6\text{H}_5\text{SO}_3\text{H} + 6 \text{H}_2\text{O}$, and other formulas like $E=mc^2$, $r=49$, and $S=9639,1$.



DEPUTY REFLECTIONS

CHARACTER
EDUCATION

Look at the weekly Character Development Opportunities sent by email, Arbor assignment and linked at the bottom of this page. Click quick to beat the limited spaces.

Your school reports and Arbor Portal present the evidence of your character development.

Nominate pupils here [Newsletter Readers' Nominations for Character Development](#) to receive recognition of a genuine, sustained and significant character development. This will encourage further investment from the nominee and the school in their plans for a rich, fulfilling life. **Let's invest in character development together!**

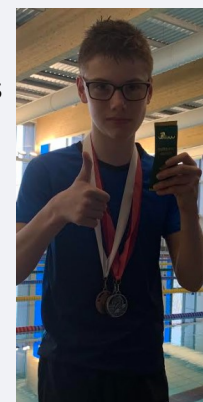
The Easter holidays are a great time to recharge batteries, partake in religious festivals, and recognise the symbolism of the egg. In fact, treat the chocolate as a reward for sending me reflection on the cultural capital and character associate with [Eggs at Easter](#) [Complete your second pupil voice questionnaire - life at North Cestrian.](#)

Make sure you take some time to plan and carry out your own rich and fulfilling life too. Send me evidence of the cultural capital, character development experiences you have watched, read, explored and visited. For example...

Nicole N Y8 was recognised as have the most evidence for the **Generosity of Spirit** Character trait in the Autumn term. She chose her prize, true to her character, as visiting and donating to the Wellspring in Stockport. Nicole reflects, "The Wellspring won The Queen's Award for Voluntary Services. They help many people - homeless, refugees, those who have been evicted from their homes, those struggling with addiction (drugs/alcohol). I think North Cestrian pupils can help out further by donating school bags to the charity after we have finished using them. This is also true for tents and sleeping bags that we don't use anymore." I have challenged Nicole to take these ideas to fruition including speaking with Technology department regarding food donations. If you can help please email me.

Look at all the **character development, cultural capital and pupil leadership** here: A pupil-led Chess Club has launched after school on a Wednesday and Thursday lunch time. The school has invested in the idea from Owen, Andy and Ben: "If this becomes successful, opportunities across the school like sponsored chess tournaments for charity, perhaps even involving teachers, or entering our own chess team into tournaments involving other schools could too be successful and we are excited about what this might become!"

Myles S Y9 nominated by his dad for **passionate, purposeful** and **resilient**: "swimming for some years now, attending Sailfin disability swimming club every Sunday morning. Learning to swim with a disability is a challenge but he has excelled and now can easily swim 40 plus lengths in a session. Last Saturday Myles swam in his first gala at East Manchester Leisure Centre! In the 3 events 25m, 50m, and 100m breaststroke Myles was amazing and won Gold, Silver, and Bronze.



Alice W (now in Y12) generosity of spirit: I am studying wildlife conservation at Reaseheath college and have been involved the Raising and Giving student-led society, where I help organise events that raise money for Hope House children's hospice. It costs £7.5 million a year to provide all their services. However, they cover and can only afford to help one family in three. [Donate here ...](#)

Platinum Postcards for Key Stage 4:

Amal Z - Well done Amal, acquiring a 50 academic points, 20 character points - a pleasure to have in the form and across the curriculum. Keep this going and good luck in your Year 10 mocks. **Felix M** - Attendance is excellent and he delivers a Role Model approach towards his prep. His attention to our recent retrieval practice briefing was excellent. **Charlotte L** - Attendance towards school is exemplary. So too is her Role Model performance. **Ryaan M** - Acknowledgement across all of subjects areas for his dedication. Most Cultural Capital in Y11.



Character Development: Click the image - ONE per Pupil per Half Term

DEPUTY REFLECTIONS

CULTURAL CAPITAL

Cultural Capital opportunities will support sophisticated learning, broaden horizons and hook interests on the way to plotting and living your own rich and fulfilling life. Cultural Capital is the essential knowledge that we need to be educated citizens, it is the best that has been thought and said, and helps to engender an appreciation of human creativity and achievement.

Explore the 25 bricks - choose 3 to pursue that you are most curious about. You may pursue a fourth of your design... something that is not on our list but has piqued your interest from elsewhere in life.

Email me with your first reflection on the source material - 100 words summarising big points + 100 words analysing why this is important to you? What it means for the future? Why it is cultural capital? What has it inspired you to do?

Your teacher will award 3 points and respond to your initial reflection and guide your next step. Maybe by asking you a more in depth question or asking you to develop a thread.

Email me with your second response which directly answers the subject specialist's guidance.

Your teacher will respond with "well done" and award a second 3 points. Then guide you to take this further by watching..... listening..... reading....visiting....exploring.

You should then swim in this opportunity and email me the evidence of your development. I will award a third 3 points.

Your teacher will then refer to the sophistication / test your sophistication in verbal interactions in lesson or beyond. Genuine, significant and sustained sophisticated will be awarded with 5 points.

Ononye, S	13		
Ahmed, S	12		
Goldstone, M	8		
Dorey, C	7		
Hoq, N	7		
Leung, S	7	Chu, R	2
Nobbs, F	6	Gaikwad, I	2
Huang, R	5	Green, M	2
Eze, C	4	Griffiths, T	2
Guo, A	4	Hart, G	2
Ononye, A	4	Marsh-Patrick, L	2
Banerjee, A	3	Najjar, M	2
Elyas, O	3	Noun, I	2
Fox, I	3	Omrnian, A	2
Ho, C	3	Pinchbeck, A	2
Joshi, S	3	Preece, O	2
Naguleswaran, K	3	Torrecilla Yamamoto, M	2
Peiris, L	3	Vardazaryan, A	2
Street, D	3		
Theodoropoulou, T	3		
Abufara, A	2		

Art



Who is Yinka Shonibare?

Business



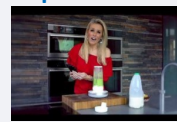
Watch an episode.

British Value Citizenship



Which the most important and why? How do the values relate to your school life?

Computer Science



Are Smart Homes cool or a con?

Creative IMedia



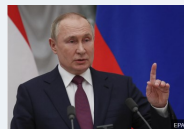
The future of gaming is mobile!
Discuss

English

Can you think of a way to encourage more people to celebrate reading?

This year's World Book Day set to be most popular ever | Books - the Guardian

Pupil's Brick Idea



Research both angles on the conflict. Is Nato a worry for Russia? How would you diplomatically solve things?

Engineering



Submit a photograph and explanation of a toy or kit you made or put together over the

Food



What if the whole world went vegan?

Geography



What do you think of Geo-politics?

Headmaster



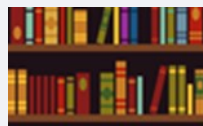
Discuss the good things and not so good things?

History



Free breakfast Film 0800 Wednesdays in U10

Literature



Click the library - send your book review

Maths



Select 3 Pi Day facts and develop your own investigation into each

Media Studies



What is the big problem facing the British film industry?

MFL



Linguist Opportunities

"If James Bond could speak an MFL, what would he choose?"

Music



John Williams

Performing Arts



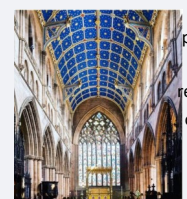
Is live theatre or film better?

Psychology



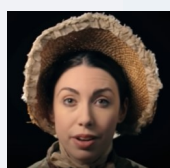
Are you a Wordle hater? Click link and task

Religious Studies



How do you practice mindful meditation / relaxation in your own busy life?

Science



Would you describe Mary Anning as a scientist? Why? Why not?

Science



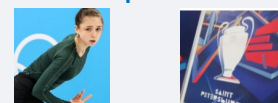
False choice: electric vehicles require deep sea mining?

Statistics

The Datasaurus Dozen

Why do data scientists spend so much time exploring data using graphics?

Sports



Should Russia not be allowed to compete in or host sporting events?

X!



Watch this and research further. Tell me why this is Cultural Capital.

	Mon 25-Apr	Tue 26-Apr	Wed 27-Apr	Thur 28-Apr	Fri 29-Apr		Mon 02-May	Tue 03-May	Wed 04-May	Thur 05-May	Fri 06-May
P1	ENGLISH LIT (2:15)	HIST AC	MATHS 1	ENGLISH LANG	SPANISH AB	P1	BANK HOLIDAY EID	LESSONS EID	PHYSICS	MATHS 2	OPTC food comp, art, engineer, media, RS
P2											
BR					BR						
PD					PD						
P3					P3						
P4	LESSONS	LESSONS	LESSONS	GEO ABC	BIOLOGY	P4	OPTB Business, Creative I med, music, food, psych	OPT A: art, cit, parts, Sport	CHEMISTRY		
LU						LU					
LU						LU					
PD						PD				HOME?	
P5	LESSONS	LESSONS	LESSONS	REVISION	REVISION	P5		REVISION	REVISION		

An online form will be sent to guardians AFTER Easter to give permission to leave school early on Friday 6th May.

Revision Topics

Senecalearning.co.uk

Retrieval questions

GCSEPOD.co.uk

Videos, assignments and quizzes

Revisionworld.com

Past papers

Exam board sites e.g. AQA.org.uk

Past papers, course content (don't forget your Knowledge Maps!)

Kwizikal.com

Retrieval -flashcard style

e-Revision.co.uk

quizzes and exam style questions

Religious Education

OCR Sport Science

Revise 4 topics overall

Paper 1 - Christian Beliefs and Islam Beliefs

Paper 2 - Religion and Life and Relationships and Families

Resources

GCSE Pod - revision work has been set

BBC Bitesize

<https://www.bbc.co.uk/bitesize/examspecs/zjgx47h>

Learning Outcome 1: Understand different factors which influence the risk of injury

Learners must know:

- Extrinsic factors which can influence the risk of injury
- Intrinsic factors which can influence the risk of injury,

Learning Outcome 2: Understand how appropriate warm up and cool down routines can help to prevent injury

Learners must know:

- The physical benefits of a warm up
- The psychological benefits of a warm up
- Key components of a warm up
- Physical benefits of a cool down
- Key components of a cool down
- Specific needs which a warm up and cool down must consider

Learning Outcome 3: Know how to respond to injuries within a sporting context

Learners must know:

- Acute and chronic injuries
- Types, causes and treatment of common sports injuries
- How to respond to injuries and medical conditions in a sporting context,
- Emergency Action Plans (EAP) in a sporting context:

Learning Outcome 4: Know how to respond to common medical conditions

Learners must know:

- The symptoms of common medical conditions
- How to respond to these common medical conditions

Plastics processing
materials classification
material properties
material testing
area calculation
design process
technological developments
CAD/CAM
Engineering drawing

In the exam period students will be producing an observational drawing based on a photograph they have taken. Subject matter is cropped images of portraits.

Pupils have been given revision lists and have been asked to access the One Drive revision site that has been specially made for them. This area contains copies of past papers with video clips of teachers going through answers and has links to lots of revision resources. Please use this revision area to support your revision.

<https://northcestrian.sharepoint.com/sites/11BYMa>

Carbohydrates, fats, proteins,
Vitamins & Minerals
Functions of food in the body, life stages
Health problems & healthy eating
Cooking Methods
Food Science, Raising Agents

<https://illuminate.digital/aqafood/>

ENGLISH & MEDIA	HISTORY	BUSINESS
<p>Literature: An Inspector Calls - Revise key characters</p> <p>Poetry Anthology – the printed poem will be a War Poem from Cluster 1 so revise accordingly</p> <p>Unseen Poetry – revise poetry analysis methods</p> <p>Language: Paper 2 - use the Knowledge Map and past papers for revision</p> <p>Paper 2: Television, Film Industry, Advertising, Music Video</p>	<p>Germany: Key Topics Kaiser's Germany pre-WW1 Impact of WW1 The Weimar Republic (problems with the constitution, economic crisis, political problems) The Weimar Republic (economic recovery, Stresemann and the Golden Age) The Depression and Rise of the Nazis Hitler becomes Chancellor and the consolidation of Hitler's Dictatorship)</p> <p>Health and Medicine: Key Topics Health and medicine in the Middle Ages / Renaissance / 19th Century including treatment of illness & disease, surgery and public health plus the role of the factors (religion, war, role of the individual, government, science & technology etc.) Hippocrates & Galen / Eastern versus Western medicine in the Middle Ages and the role of the Church The Black Death 1348 and Great Plague 1665 Vesalius, Pare, Harvey, Hunter Jenner and Vaccination Louis Pasteur & the Germ Theory Conflict & Tension: Key Topics - Peacekeeping between 1918 and 1939 Aims of the Big 3 / Wilson's 14 Points The Treaty of Versailles The League of Nations, including its strengths and weaknesses</p> <p>Recommended Resources - BBC Bitesize Seneca GCSE Pod</p>	<p>Business in the Real World The purpose and nature of businesses Business ownership Setting business aims and objectives Stakeholders Business Location Business Planning Expanding a Business</p> <p>Influences on Business Technology Ethical and environmental considerations The economic climate on businesses Globalisation Legislation Competitive environment</p> <p>Business Operations Production processes The role of procurement The concept of quality Good customer services</p> <p>Human Resources Organisational structures Recruitment and selection of employees Motivating employees Training</p> <p>All useful links for revision are on the Business Shared area https://northcestrian.sharepoint.com/sites/NCSBusiness</p> <p>These include, past papers, MCQ, YouTube links, Seneca and GCSE Pod</p>
BIOLOGY	CHEMISTRY	PHYSICS
<p>Unit 1: Cells Prokaryotic and eukaryotic cells, stems cells, specialised cells, mitosis, movement of molecules across membranes</p> <p>Unit 2: Organisation Digestive system, enzymes, food tests, heart, heart treatments, gaseous exchange, tissues and organs in plants and animals, transpiration/translocation</p> <p>Unit 3: Immune response Types of pathogens, how disease can spread, preventing disease, human defence mechanisms, vaccinations. painkillers and antibiotics, drug trials, monoclonal antibodies (triple), plant disease and defence mechanisms (triple), non-communicable disease, risk factors of disease.</p>	<p>Organic Chemistry from Y9 Crude oil separation, properties, uses, hydrocarbons (alkanes), cracking, Atomic Structure & history Sub atomic particles, electron arrangements, isotopes, atomic models Periodic Table history, trends Organisation & its development, properties and trends in Group 1, Group 7, Group 0 Bonding & properties Metallic, ionic, simple covalent, giant covalent Electrolysis Simple cells, electrolysis of solutions & molten compounds, ionic & half equations (HT & triple only), extraction of aluminium Calculations Formula mass, % mass, moles (HT & Triple only), concentration, % yield(HT & Triple only), empirical formula, reacting amounts(HT & Triple only). Salts & Reactions of Acids Reactions of acids with metals, bases, alkalis, carbonates, method for making salt crystals, equations, pH & indicators</p> <p>Fuse School videos https://www.youtube.com/playlist?list=PLW0gavSzhMIReKGMVfUt6YuNQsO0bqSMV</p>	<p>1 Energy: 1-3 Energy changes in a system, and the ways energy is stored before and after such changes; Conservation and dissipation of energy; National and global energy resources 2 Electricity: 1-4 Current, potential difference and resistance; Series and parallel circuits; Domestic uses and safety; Energy transfers 3 Particle model of matter: 1-3 Changes of state and the particle model; Internal energy and energy transfers; Particle model and pressure 4 Atomic structure Atoms and isotopes, The development of the model of the atom; Atoms and nuclear radiation; Nuclear equations</p> <p>https://filestore.aqa.org.uk/resources/science/specifications/AQA-8464-SP-2016.PDF Combined Science</p> <p>https://filestore.aqa.org.uk/resources/physics/specifications/AQA-8463-SP-2016.PDF Physics</p>

Geography

Paper 1 – Living with the Physical Environment -

Topics

Natural Hazards
Tectonic Hazards
Climate Change
Ecosystems
Tropical Rainforests
Cold Environments
River Landscapes

Paper 2 – Challenges in the Human Environment -

Topics

Urban Issues
Urban Issues Lagos, NEE City

Revision Sites to Use:

<https://www.bbc.co.uk/bitesize/examspecs/zy3ptyc>
<https://www.coolgeography.co.uk/>
<https://www.internetgeography.net/aqa-gcse-geography/>
<https://www.s-cool.co.uk/gcse/geography>
<https://revisionworld.com/gcse-revision/geography>
<https://www.gcsepod.com/>

Other useful Links:

<https://filestore.aqa.org.uk/resources/geography/specifications/AQA-8035-SP-2016.PDF>
<https://www.aqa.org.uk/subjects/geography/gcse-geography-textbooks-print-and-digital>

Computer Science

PYTHON/Programming - TIME project – year 11 were emailed these resources earlier this year and year 10 have access to them through teams.

PYTHON/Programming Snakify

<https://snakify.org/en/> students can use this website if they need a refresher on some of the key programming skills.

ALL ASPECTS OF THE COURSE –

Seneca <https://senecalearning.com/en-GB/>
eRevision - <https://erevision.uk/>

Craig 'n' Dave Videos: <https://student.craigndave.org/gcse-ocr-j277-computer-science-videos>

Past in class assessments which have been purple panned as well as purple pen videos on Stream to revisit the reasons behind the correct answers.

Creative iMedia

R081 revision material
<http://www.bluesquarething.co.uk/imedia/r081/prod.htm>

R081 revision booklet shared via Outlook in Office365

R081 revision
GCSE POD - <https://www.gcsepod.com/>
eRevision - <https://erevision.uk/>

Access to past papers that have been completed and purple panned.

How to improve GCSE results in less than 6 weeks using GCSEPod

Make this Easter engaging for your students with our brand new videos specifically focusing on how students can ensure they get the best results, by enhancing revision skills, staying calm and strengthening exam technique.

Building exam-readiness with exam playlists [VIEW +](#)

Forming expert revision skills with Study Smart Pods [VIEW +](#)

Offering enhanced knowledge recall practice with Check & Challenge [VIEW +](#)

Securing strong exam technique with Exam-style Assignments [VIEW +](#)

Identifying and tackling misconceptions with monitoring tools [VIEW +](#)

The final hours - how GCSEPod relieves stress [VIEW +](#)

GREAT OPPORTUNITY from GCSEPOD!

LINKS Emailed to all Y10 and Y11 students and parents today
Free and Exclusive revision tools and webinars for students

For students, we have an exciting and high energy session focused on supporting them in the countdown to exams. GCSEPod can become their sidekick over the next few weeks, helping to enhance knowledge recall, tackle challenging topics with confidence and hone their expert revision skills.



12
April



STUDENT
WEBINAR
@ 5pm GMT

BOOK NOW

21
April



STUDENT
WEBINAR
@ 6pm GMT

BOOK NOW

 **podup**
implement, inspire, impact

 **gcsepod**
an access company

**Ready,
Steady,
Revision!**

Scroll down
for your
free student
revision pack

HISTORY

Happy Holidays everybody. Here in the History department we wish you a restful and enjoyable break.

Next half term you will be learning and completing assessments on:

Year 7	Medieval Life and Religion	
Year 8	Industrial Britain	
Year 9	Interwar peacekeeping	
	Miss McTiernan	Mrs Cove
Year 10	Experience of Germans in Nazi Germany	19 th Century – surgery and treatment of illness
Year 11	Revision	Revision

★ HISTORY GEMS ★

Name	Reason
Yvie G Y7	Regularly participates in lessons and contributes thoughtful contributions. Well done Yvie.
Summayah A Y8	Consistent excellent presentation of classwork – fantastic effort – keep it up!
Jake S Y9	Sensitive and mindful contributions given in lessons – well done, Jake!
Kaden M Y10	Positive contributions and focus in lesson during Germany and Conflict & Tension lessons. Well done.

The Holocaust

Although Holocaust Memorial Day has passed by (January), it is important to ensure that we do not forget about atrocities that have occurred in History, simply because it is not the 'official' day of remembrance. The Year 9s have recently been studying the Holocaust and have been reflecting on some of the incomprehensible actions that humans have inflicted on their fellows.

15th April is the anniversary of the liberation of Bergen-Belsen Concentration Camp by the British Forces in 1945

30th April marks the 70th Anniversary of Anne Frank's diary being published, 1952.

If you are able to this Easter break, to take a trip to the Imperial War Museum, Manchester. Entry is free and the exhibits cover World War II and the Holocaust. This will allow pupils to add to their Cultural Capital and develop their understanding of events beyond the classroom. If any pupil wishes to write a review of their visit, send it to l.mctiernan@northcestrian.co.uk, for the opportunity to be published in the Newsletter and for some Cultural Capital points.

Here is some more information from their website: <https://www.iwm.org.uk/search/stories?query=holocaust>





GCSE PSYCHOLOGY - Learning Checklist

Colour-code the topics as RED, AMBER or GREEN

Checklist:

Research Methods:

Methods:

Identify an independent variable

Identify a dependent variable

Identify extraneous variables including situational and participant variables

Understand the use of standardised procedures, counterbalancing, randomisation, single-blind and double-blind techniques

Write a null hypothesis

Write an alternative hypothesis

Understand target population, stratified, volunteer, random and opportunity sampling

Understand experimental/research designs including strengths and weaknesses (independent, repeated, matched)

Understand reliability and validity of sampling methods, experimental designs, quantitative methods and qualitative methods

Understand ethical issues in psychological research e.g. informed consent, deception, confidentiality, right to withdraw and protecting participants

Social Influence

Social Influence Theory:

Know the terms: obedience, conformity, deindividuation and bystander effect

Understand personal and situational factors affecting bystander intervention

Understand personality and situation factors affecting conformity to majority influence

Understand personality and situation factors affecting obedience

Understand pro- and anti-social crowd behaviour

Understand ways to prevent blind obedience

Studies in detail: (description, strengths, weaknesses)

Piliavin

Haney Banks and Zimbardo

Issues and debates:

Social and cultural issues in Psychology

Memory
Memory Theory:
Know the key terms: input, process, output, encoding, storage and retrieval
Understand duration and capacity of short- and long- term memory
Understand the symptoms of anterograde and retrograde amnesia
Understand the theory of reconstructive memory, including strengths and weaknesses
Understand the multistore model of memory, including strengths and weaknesses
Understand amnesia - retrograde and anterograde
Studies in detail: (description, strengths, weaknesses)
Bartlett
Peterson and Peterson
Henry Molaison - amnesia
Issues and debates:
Understand the use of observational research, including gathering of both qualitative and quantitative data (including tallying, event and time sampling).
Development
Development Theory
Understand early brain development of the: forebrain, midbrain, hindbrain, cerebellum and medulla
Understand the role of education and intelligence, including Piaget's theory of development and strengths and weaknesses
Understand the sensorimotor, pre operational, concrete operational and formal operational stages of Piaget's theory
Understand the effects of learning, including Dweck's mindset theory, including strengths and weaknesses
Understand the effects of learning, including Willingham's learning theory, including strengths and weaknesses
Understand ways to support cognitive, physical and social development
Understand different theories of morality: Kohlberg, Piaget and Damon
Studies in detail: (description, strengths, weaknesses)
Piaget and Inhelder
Gunderson
Repacholi and Gopnik
Issues and debates:
Understand morality issues in Psychology and the individual
Psychological Problems
Psychological Problems Theory
Understand the symptoms and features of depression
Understand how mental health problems change over time and affect individuals and society
Understand the impact of genes on depression, including strengths and weaknesses
Understand the impact of cognitive theory on depression, including strengths and weaknesses

RELIGIOUS STUDIES & CITIZENSHIP

We are delighted to be able to share the learning journey and successes of our students exploring the big questions of theology, philosophy and what it means to be a citizen in Britain today.

This week marked the beginning of Ramadan, the continuation of Lent and we close today for the Easter holidays. Vaisakhi and Passover begin next week also so it is a month of fasting, feasting and reflection for many of the world's religious believers.

I have the pleasure of sharing two lovely poems Callum P in Year 7 wrote about Jesus' triumphal entry into Jerusalem for the Passover feast and Joud A-S in 9ASI has written about the arrival of Ramadan.

The First Easter by Callum P in 7SFE

Jesus arrived in Jerusalem,
All the people came to see,
Except for those like the pharisees,
Many people brought palm leaves,
Altogether there were heaves,
His followers sung and cheered,
The pharisees thought they were weird,
The roads were covered in leaves and coats,
Everyone praised Jesus even the goats,
Everyone was worshipping Jesus,
Hoping he would please us,
The disciples were chanting 'praise the lord',
Jesus' arrival was a reward,
This is my poem of his arrival,
Jesus and his disciples.



Ramadan by Joud A-S in 9ASI

The silver glow of your crescent shines brighter than ever,
A sign that the annual blessing is soon to come,
Some wait in anticipation,
Others wait in denial,
But your blessed visit is inevitable,
Your knock on my door,
And immediately greed, wrath, hate and envy are forgotten and discarded,
And faith, love and compassion are welcomed
And so for 30 days we revel in your presence.



Key Stage 4 - Religious Studies & Citizenship

Year 10 Exam – Please make sure you have your revision materials with you. Work has been set on GCSE Pod and you should be using your revision booklets to help you.

Revision Book for Year 9 and 10

RS Year 10 Star Learner – Safa A – Prep and attention detail has been superb recently! Well done for your purposeful work!

Religious Studies Star Learners	
Year 7	Callum P for passionate engagement in class and outside of it.
Year 8	Freya N for positive spirit to learning in every class and superb participation.
Year 9	Joe R for purposeful work and participation in class.



PHYSICAL EDUCATION DEPARTMENT

Trafford Netball



This term has seen a full programme of netball games and an impressive turn out of girls from all ages to represent North Cestrian. There has been a regular programme of fixtures with teams throughout Trafford and the girls have represented the school with great credit. They have taken part in tournaments at Stretford Grammar, BTH and AGGS.



We have enjoyed netball this term and have played a lot of games. Experiences we will always remember.

Tilly J



PHYSICAL EDUCATION DEPARTMENT

Trafford Basketball



Girls from Years 7, 8, 9 and 10 have taken part in, and enjoyed, Basketball this term both in lessons and at Basketball club. An U13 and U15 team represented the school in the recent Basketball Tournament at Blessed Thomas Holford (BTH). They showed great teamwork and enthusiasm and competed with determination and skill.



The tournament was a great experience for everyone and we all did our absolute best.
- Demah F



The matches were so much fun and really pushed all of us to our limits. We faced lots of challenges and all tried our very best. - Faredah R

PTFA NOTICES

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North Cestrian School



Bag 2 School is a company that specialises in the reuse and recycling of good quality second-hand clothing and we have arranged to make a collection from your school. All the bags will be weighed and you will be paid for the total weight collected. Remember, the more you collect the greater the benefit to your school.



By using this paper leaflet we are helping to reduce unnecessary extra plastic. Please use your own bag or bags (there is no limit). The leaflet is FSC accredited, please recycle it.

When the clothes have been removed from the bag the plastic will be packed and sent for recycling.

We are collecting good quality items for RE-USE:

Men's, ladies' & children's clothing, paired shoes, handbags, belts & accessories.

(No uniforms, workwear, pillows, duvets or pieces of fabric please)

The more we weigh the more we pay!

Extra bags are welcome - there's no limit

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DONATIONS WELCOME ANYTIME!

SORRY NO CURTAINS!!