

## NEWSLETTER



#### **HEAD'S MESSAGE**

The school production of We Will Rock You was a sheer joy: not only was it fabulously entertaining, it marked a return to near normality with live performances and real audiences. Any school show takes an enormous amount of work and time and my thank yous will not cover everything, but I hope that anyone involved takes pride in a job well done and knows my gratitude extends to all who took part. I cannot leave it at that without giving special mention to:

Olivia – not many people can do justice to 'Somebody to Love' (my favourite Queen song), but Olivia certainly did – a great achievement and brilliant performance as Scaramouche; Nico's Galileo – superbly versatile voice, matching Freddie's range whilst acting and dancing; Mackenzie as 'Brit(-ney Spears) and Milla as Oz(-zy Osborne) sparred brilliantly as a couple delivering some difficult songs with gusto and energy and with Milla bringing tenderness in solo. Buddy (Holly) was played supremely well by Kaden - and had the difficult task of long pieces of narrative linking the plot, bringing humour and silky-smooth soulfulness to the music. Maisie's Killer Queen had all the necessary authority as the head of Globalsoft, with beautiful, clear singing, matched to barking orders at her underlings. Speaking of which...making Primark look really cool, Kiera's Commander Khashoggi was brave and menacing in equal measure, while Mille as the teacher/indoctrinator exuded just the right amount of charm as she led the GaGa kids in the ways of the corporation.

The plot of course is just a contrivance to hear Queen's brilliant music and to remember the videos from the Top of the Pops era. The Gaga kids/Bohemians evoked the wonderful routines from the clapping of Radio GaGa to the stamping of We Will Rock You: down to brilliant choreography of Miss McTiernan and Y11 Konnie. The show was, technically, very complex with lighting and sound effects instrumental in providing the right mood. Seren (Y7) was in charge and completed all tasks in such a professional manner – she was a wizard! Live music is always a delight, so the strong performance from the band supported the whole show: Dr Vim (Mercury) Jesudason on keyboard, Mr Andy (Deacon) Brown on bass, Owen (May) (Y10) on lead guitar and Tashi (Taylor) (Y8) on drums...masterminded by Mr Adam (The Musical) Wilson.

Director Mr Chris Bailey has poured his creative energies into the whole event and produced a memorable, hugely entertaining, sophisticated and professional show – he can be proud of everyone who was involved and of the legacy that will remain.

I also want to thank the PTFA, Mr Bloomfield, Miss Bucknall, Mrs Stevenson, Miss Henes, Mr Webber, Mrs Williams, Ms Few, Mrs Donachie and Miss Dean, Mrs Facchin and Maddison M for all their support in capacities as scene makers, refreshment providers, make-up artists, prop providers, wig makers, tickets sellers and so on – the show could not go on without them.

And finally: twowheelclaims.co.uk, McHale and Co, Manchester Mobile Autoclean, SDMG, Hibbert Homes and Rix Motors for their generous programme sponsorship.

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Notices

SPECIAL POINTS OF INTEREST:

**Culture Day** 

14 March 2022

Find out more on Page 3

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#### **Culture Day**

This article is from Jafa B on behalf of the NCIA (North Cestrian Islamic Association) and North Cestrian Charity, ACEF, announcing a splendid Culture Day. This promises to be an exciting (and tasty) event celebrating the rich diversity within North Cestrian. (See page 3).

#### **Half Term**

I wish you all a healthy and restful halfterm break. Pupils return on **Tuesday 22**<sup>nd</sup> **February GOLD WEEK**. Staff have INSET on the Monday.



If you are on twitter and have not yet followed the school page please do.

@CestrianNorth

#### Did you know?

If you have any concerns or queries regarding your son or daughter, the **FIRST PORT OF CALL** should be their Form Tutor.



Donations will be going to the ACEF (school charity) and the salaam charity on behalf of NCIA



# CULTURE DAY

Pupils who wish to wear their own /cultural clothes will have to pay £2 (Parent mail)

Pupils who wish to wear cultural clothes are strongly encouraged.

Cultural food donations are welcome; please get in touch with one of the emails below.

If you have any queries, please email:

rmukku@northcestrian.co.uk

tarun@northcestrian.co.uk

belhajj@northcestrian.co.uk

#### What will happen?

Cultural snacks (from 50p) will be on sale during lunch and break

Cultural main meals (range of prices) will be served in the canteen at lunch

With many more activities coming up

Students will have to register their interest on a form available on parent mail that will be sent out shortly

More information will be provided after half-term

### DEPUTY REFLECTIONS

Loo Cla ed de de

Look at the weekly Character Development Opportunities on Class Charts. New this week: virtual work experience, Army education and Digital Animation. Click quick to beat the short

## NCS CHARACTER EDUCATION

deadlines and limited spaces. Remember that your school reports contain the evidence of your character development. You too can nominate pupils for their character development: click the <a href="Newsletter Readers">Newsletter Readers</a>'
<a href="Nominations for Character Development">Nominations for Character Development</a> and provide evidence for a pupil to receive recognition of a genuine, sustained and significant character development. This will encourage further investment from the nominee

and the school in their plans for a rich and fulfilling life. Let's invest in character development together!

It has been a busy and varied week for Character Development at school. Before our celebrations, I have to mention Linsey Jacobellis who, at the Beijing Winter Olympics, won gold in the Snowboard Cross after losing gold 16 years ago at the Turin Olympics. Watch the clip - which character traits has she shown to finally beat this

showboating

fall?

The school production of We Will Rock You has been a phenomenal success. Every one of the cast and crew has shown combinations of

Generosity of Spirit, Learning from Mistakes, Passion, Purposefulness,

Responsibility, Resourcefulness and Resilience throughout the last week and indeed over the last few months. Mr Bailey will need my help to award all these character points! To further celebrate our pride I look forward to sending the casting and crew to see a professional production of We Will Rock You at the Liverpool Empire.

SOMEBODY TO LOVE

QUEEN

THE SEARE THE DAYS OF OUR LIVES

OF THE SEARE THE DAYS OF OUR LIVES

There was also a fantastic piece of self-made character development by Sarri, Ashy, Jacob, Owen and Mya in Year 10. This poster says it all, and within three days they have created many smiles and raised over £50 via their **Generosity of Spirit and Resourcefulness.** 

For valentine's day, why not gift lollipops and cards to people for 50P!!!

IN THE DINING HALL AT BREAK OR LUNCH

LUNCH

Type of the Charites ACEF + Stomach Cancer

The Platinum Reward is our highest form of praise. We highlight pupils who have gone the gone the extra mile, met the high expectations of North Cestrian and led the way in academic, behaviour and character development showcasing a growth mind set. This may be in service to peers or school or in their own endeavours to lead rich and fulfilling lives. They embody values of honesty, hard work and fairness and may have lived Delapsus Resurgam. These are from History...

Y11 - **Jake H** is an excellent Historian. Jake has consistently achieved excellent results in his History assessments because of hard work and perseverance (**resilience**) both in school and independently during period 6 sessions as well as his own revision, demonstrating his **passion** for the subject and **resourcefulness** in his application of work.

Y10 - **Emily H** has made an excellent start to GCSE History and is proving herself to be a very capable Historian. Emily is engaged fully in the subject and clearly motivated towards achieving great results. She consistently applies herself in lessons, **purposefully** making valuable contributions as well as at home in her independent study. Emily consistently demonstrates a **passion** for the subject.

Y9 - Elise T is an

outstanding pupil and a capable young Historian. Elise has achieved top grades in assessments, showing valuables insights in her **purposeful** participation in lessons as well as independently researching at home. Y8 - Emily B is an outstanding History pupil, achieving consistently excellent results in her assessments because of her **sophisticated** answers developed from good historical knowledge. Emily is **purposeful**, actively participating in lessons and researching independently.

Y7 - **Niles M** is an outstanding pupil, developing into a capable young Historian. Niles has achieved consistently excellent results in his assessments due to his self-motivation **passion** and diligence **resilience** in the subject. He has shown that he is **resilient** in his determination to complete difficult tasks.

#### DEPUTY REFLECTIONS

#### NCS CULTURAL CAPITAL

Cultural Capital opportunities will support sophisticated learning, broaden horizons and hook interests on the way

to plotting and living your own rich and fulfilling life. Cultural Capital is the essential knowledge that we need to be educated citizens, it is the best that has

been thought and said, and helps to engender an appreciation of human creativity and achievement. It is this 'beyond the school work' that will kindle a person to move themselves and others to even greater achievements. Your growth mind set could change. These pupils are top of the Cultural Capital Wall in Half Term 2.

There is one school week and one holiday week to click on the image links and showcase this new knowledge and explore deeper or broader interests. Sophisticated discussion takes place in the class, the playground and the home and will be richer for reflecting on cornerstones of traditional cultural capital and contemporary examples of the best human endeavours, achievements and solutions.

You have half term hols to make your final flurry of reflections. Entries close on Tuesday 22 Feb,

leaving a gap until Half Term 4's Cultural Capital Release on the first Friday. Email me your reflections or eat and watch at

Wednesday's 8am free breakfast film screening - U12!

	West of the second		
Steven	Ononye	9ASI	26
Sumayyah	Ahmed	8SMI	19
Elise	Taylor	9ASI	18
Anthony	Ononye	8MW0	16
Ruby	Huang	9ACL	11
Shashank	Joshi	8MW0	7
Theodora	Theodoropoulou	9FHE	7
Chinwe	Eze	8SMI	6
Millie	Eaves	9SPU	6
Pranav	Ananth	7EKL	5
Kiera	Strathmore	7SFE	5
Annahita	Omranian	8SMI	5
Tuela	Neziri	9ACL	5
Arinee	Banerjee	10SWI	5
Imogen	Fox	8DVA	4
Ali	Malick	8SMI	4
Praise	Obichukwu	8SMI	4
Caitlyn	Rain	8MWO	4
lan	Ng	9ACL	4
Jake	Spencer	9SPU	4



Which pop artist are you? Take the quiz + write a reflection

**Business** 



How could this affect you?

#### Citizenship





kit you made or put together over the holidays

#### **Computer Science**



Can technology replace fireworks?

#### **Creative IMedia**



Digital marketing and the Metaverse

#### **English**



Do emojis restrict or enhance communica tion? Are we in danger of losing our language or should we accept that language change is good for us?

#### **Pupil's Brick Idea**

are no teachers, there are no great students. It's the meeting of the two, together"

Using opinion, research and cultural capital... do you agree or disagree?

#### **Engineering**

bmit a photograph and explanation of a toy or

#### **Food**



Why do we need to change our food system?

#### Geography



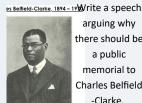
Could poo save the planet? Why is poo useful? Who could benefit?

#### Headmaster



Which point in time would you look back to? Why?

#### **History**



arguing why there should be a public memorial to Charles Belfield -Clarke.

#### Literature



Click the library - send your book review

#### **Maths**



Why do we need standard form to ive measurements in space? What other maths can you find linked to this telescope?

#### **Media Studies**



Do celebrities deserve honours? Is an honour worth anything?

#### **MFL**



What is the Dia de Los Reves? How and why is it celebrated in certain countries?

#### Music



**Edvard Grieg** 



#### **Performing Arts**



On Disney+, Amazon and Thursday 8am breakfast U12 What lessons about life, are highlighted? What character traits are dis-

#### **Religious Studies**



Is social media influencing a wider audience / opinion of religion?

#### **Science**



Which is the most effective method to reduce your carbon footprint?

#### **Science**



Does this improve your understanding of all things Covid?

#### **Statistics**

#### The Datasaurus Dozen

Why do data scientists spend so much time exploring data using graphics?

#### **Sports**



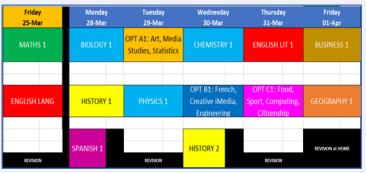
hould all athletes be vaccinated to compete in professional sport?



Full screen! Full volume! Tell why this is Cultural Capital.

#### ACADEMIC NEWS

#### Year 11 Mock Exams



Monday 04-Apr	Tuesday 05-Apr	Wednesday 06-Apr	Thursday 07-Apr	Friday 08-Apr BUSINESS 2	
OPT A: Art, Media Studies, Statistics	GEOGRAPHY 2	PHYSICS 2	MATHS 3		
MATHS 2	BIOLOGY 2	ENGLISH LIT 1	OPT B/C2: Computing, Citizenship	CHEMISTRY 1	
SPANISH 2.					
FRENCH 2	REVISION	REVISION	REVISION	HOME EARLY	

LEARN

**IISTAKES** 

I can

WORKING

NEVER

DO MY BEST Y11 – Have you.... filled in Mr Bell's revision questionnaire via Forms? Check your email or click here!

Y11 – Have you... Logged in and used to GCSEPOD?

Y11 – Have you .... logged into Arbor? We will stop using Classcharts on Feb 22<sup>nd</sup>

Y11 – have you...
Got your MINDSET sorted?

Y11 – Have you.... tried different retrieval practice strate-

Y11 – Have you... done your PREP using long term memory not short term?? **IMPORTANT** 

Mock exams will test all content that you have been taught. This may mean that some of the topics recently excluded by the exam boards for the summer series WILL be tested in order to sustain the validity and accuracy of grading of the papers.

Teachers will provide you with appropriate guidance on revision content for these exams.

## Y11 - What did you learn from your revision workshop this week?

9.5 hours SLEEP a night??

Far too many of you are having less than half this requirement. Gaming, TV and mobile phones are the biggest areas to target to improve your sleep habits. Don't make the 9 common sleep mistakes!



Y11 – Have you....

Done some revision or past papers to discuss with teachers during P6?

Y11 – Have you...
Set up your study
space at home with
NO distractions?

Y11 – Have you ...
written your revision
timetable?
Have your shared it with
parents and your LoW
teacher / form tutor?

SELFREFLECTION
Will help me
SUCCEED

I can
overcome
challenges
with
EFFORT

T Ican TRAIN MY BRAIN

Y11 – Have you...

Considered using the study room (F1) after school on Monday's and Fridays? See Mr Bell.

## What is cognitive Science?

Cognitive science principles of learning can have a significant impact on rates of learning in the classroom. It is thought that by increasing knowledge and use of cognitive science strategies, teachers can harness the evidence base of how people think and learn to support pupils more effectively.

These principles & strategies include:

**Retrieval Practice** – a variety of strategies to recall information from memory

**Spaced practice** – revisiting material at different intervals over time

**Interleaving** – sequencing tasks to mix up learning tasks with a variety of different content or activities

**Scaffolding & schemas** – use of worked examples, templates and current knowledge/skills to better organise and process information without overloading working memory

**Dual coding** – using both verbal and non-verbal information to present and teach concepts.

**Cognitive load** – presenting information simply to avoid overloading working memory

#### COGNITIVE SCIENCE FOR PARENTS

Have you watched your child struggle with schoolwork?

Would you like to know how best to help your child with learning?

#### **FREE WEBINAR**



Patrice, teacher and parent, has worked with cognitive scientists for over 15 years in identifying principles and strategies that increase learning and decrease anxiety.

Author of Powerful Teaching: "Unleash the Science of Learning" and "A Parent's Guide to Powerful Teaching", Patrice will discuss evidence-based tools and strategies that work.

https://senecalearning.substack.com/p/ free-webinar-cognitive-science-for? r=ojkk6&utm\_campaign=post&utm\_medi um=email



## Where can you spot Cognitive Science in use at North Cestrian?

- 1. **Prep Quiz** –Are teachers including prep questions from previous lessons or topics? Do teachers STOP you revising before the quiz?
- 2. **PowerPoints** Do teachers use words and pictures to help engage you? Is there too much on a slide overloading your working memory?
- 3. **Lesson Activities** are there different types of activities in lessons? Do teachers make links between new content and topics you have studies before?
- 4. **Scaffolding** Do teachers show you how to do something before you do it? Do they give your prompts or templates to structure your work?
- 5. **Questions** Do you get chance to show what you know by using your memory only? You are asked, or write answers to, lots of questions?

Can you link these to the cognitive science strategies?





# Modern Foreign Languages

Well done to those pupils who have completed the cultural capital research this month.

If you haven't, it's not too late!

E-mail your Spanish teacher with your answer to the question – 'What is el Día de los Reyes? How and why is it celebrated in certain countries?'







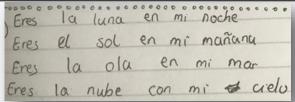
#### Reminder: www.pearsonactivelearn.com

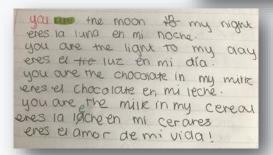
This website can be used for independent language study, whether you are finding a particular topic tricky, or you just adore studying languages!

Chances are your username will be in the format: SurnameFirstname

Any issues please e-mail your class teacher.







Nate	ntine	s day	PO	em!		
		chacol sol and				galleta
Eres	10	nube	con	mi	ciel	0.
		amor				

#### Calling Year 8!!

#### Wednesday 18<sup>th</sup> May 11-12pm

Be sure to check ParentMail for the opportunity to attend a British Film Institute workshop from the comfort of your classroom. We will be exploring Spanish language and culture through short film.

Places are available on a **first-come first-served** basis.



#### SCIENCE NEWS

#### **Y11 Sophisticated Learners**



Alice B says: On Wednesday, a group of year 11 pupils attended GCSE Science Live, at Manchester's Opera House. Scientists from all fields shared their knowledge with students from local schools. Dr Maggie Aderin-Pocock talked about how space scientists can 'de-twinkle' stars, as well as different types of space telescopes. Professor Jim Al-Khalili spoke about how time travel into the future and potentially into the past is theoretically possible, which left students rather perplexed! He recommended we watch Interstellar, a film based on 'proper' physics. The Chief Examiner then gave some top tips on how to answer exam questions and achieve high marks. Professor Lord Robert Winston spoke about IVF treatment and fertilization, whilst cracking a few jokes along the way. Next, the anthropologist Professor Alice Roberts showed us how she is able discover a lot about a person from their skeleton – their age, gender, how they died and so on. She also introduced the idea of a Copper Age between the Stone Age and the Bronze Age. Lastly, Professor Andrea Sella, a synthetic chemist, demonstrated the behaviour of water at different pressures, and explained that we have a lot to learn from ice. There was the opportunity for students to ask questions and all the scientists answered passionately.

Overall, the day brought the GCSE Science course to life. It was a truly inspiring experience to listen to such knowledgeable scientists talk about their passions.

From Frankie M: Reflecting on the trip as a whole, I found it exciting and very intriguing. After settling down, our first speaker, Dr Maggie Aderin-Pocock started with guite a fast-paced introduction into Astronomy and the telescopes we use to observe the Universe. With detailed showcases of the finest telescopes, such as the Hubble and James Webb telescope, I quickly began to appreciate them and how they've enabled us to capture images of giant stars, vibrant nebulas and even a black hole. The second speaker, Professor Jim Al-Khalili, blew us away with Theoretical Physics spanning from The Big Bang, The Theory of Relativity to even time travel and its possibilities. He impressively simplified and explained these complex theories which I believe to have left many wanting to explore beyond. Later on, Professor Robert Winston went into surprising detail on Human fertilisation which was met with quite a reaction from the audience. What Winston went through was insightful into how we develop from a few cells to a full human and his jokes were entertaining to all of us. Professor Alice Roberts exposed us to the field of Archaeology and Genetic Dating linking it to how we use them in understanding more of our ancestral history. Anatomical skills and studies were referred to throughout her talk which clearly showed her high-level ability in analysis and conclusive research. Our ending scientist, Professor Andrea Sella, immediately grabbed our attention through his very comedic twist in a demonstration of the properties of Ice and water; also seriously encouraged us to read a book called "The Periodic Table". Focusing on the density of fluids, Professor Sella highlighted the severe significance water holds in our world, the saving energy along with referencing current Climate Change, despite being tight on time, which ended up being extremely interactive and fun. Not forgetting the Chief Examiner's input being, for definite, illuminating and helped clear up common misunderstandings such as excessive answers within the Science Exams. Furthermore, like our recent revision workshop he brought forth this idea of a separation between "Revision" and "Exam Preparation" and that they should be treated individually. Ultimately, it was an experience I've taken a lot from, and I would recommend attending it in the future!

#### Support for Y11 exam preparation

Science period 6 is on Blue Mondays. Talk to your teachers to find out what they are offering.

Lunchtime science study sessions are available 1.40-2pm. See the table below. Bring your science revision materials for a quiet study session.

Blue	Mon	Tues	Wed	Thurs	Fri
	GHa S2	MSa T2	RRo, S3	RRo, S3	
Gold	Mon	Tues	Wed	Thurs	Fri
		TWi Sc6		GHa S2	



#### **Y9 ASSESSMENTS**

28<sup>th</sup> Feb to 9<sup>th</sup> March, Y9 will complete their end of Key Stage 3 science assessments. Pupils will take a test in each of biology, chemistry and physics covering the key ideas in these topics.

#### Why not visit a museum this half term?

Manchester's <u>Science and Industry Museum</u> is free to enter and is hosting some fun half term activities for children. The <u>World Museum</u> in Liverpool is also free to enter and has collections of natural history, physical science and even an aquarium! If a visit to a museum is not possible how about a virtual visit? Use Google Arts and Culture to explore some of the amazing museums from around the world. Why not try:

Natural History museum in London

**Museo Galileo** 

**Large Hadron Collider** 

Or even the International space station

Email a review of your visit to r.rodger@northcestrian.co.uk for cultural capital bricks

#### In the News...

#### https://www.bbc.co.uk/news/science-environment-60312633

Sicenctists have breakthroughs in their quest to develop nuclear fusion as an energy resource. All year 10 and 11 pupils need to know about how nuclear fusion and nuclear fission release energy and the potential for producing electricity without releasing carbon dioxide.

## **Outstanding Learners**

Mr Singh	Year 7: Izzy H, Caleb N, Year 8: Melanie Z, Year 9: Talia R, Hallie R
	Year 10: Amal Z, Hana F Year 11: Katie B, Charlie A,
Dr Saker- Clark	Y7: Kiera S Y8: Tom P Y9: Tuela N Y10: Amal Z Y11: Kyle J
Mr	Year 7: Zainab M Year 8: Saleh D Year 9: Dino Z Year 10: Nicolette U
Wilson	Year 11: Salah N
Mrs Hancock	Year 7- Darcy H Year 8 Dulcie B Year 9- Minahill I Year 10- Safa A Year
	11- Joseph
Dr Rodger	Year 10: Ben M. Isha G. Year 11: Michaela V.

10

#### **ART**

In Art & Design Y9 students have been looking at the images and icons used in Pop art and Andy Warhol's use of repetition in his artworks. In response to this students have produced pencil observational studies based on sweet wrappers. These have then been developed into a repeat pattern image in the Pop art style. Below are examples of studies by Ian N, Alfie E-B, Hala A, Theodora T, Freya E and Jessica T.













Y11 Art Club

Starting after February half-term Monday Gold Week in UH5

3.30-4.30pm

#### **Y8 Engineering**

Y8 students have been working on completing their practical work for the Automata project. These are some of our favourite designs!

#### **Y11** Engineering

Y11 students have been working on manufacturing their desk lamps and have almost completed all the aluminium components to move onto working on 2D Design CAD to produce drawings to use Computer Aided Manufacture in the form of the laser cutter.

## Food Technology Delights coming from 73 Food Tech Kitchen





Crème Caramels, from our Y10 pupils



'Linzer Torte' from pupils attending Rendezvous Café Cooking Club after school on Monday's (All Year Groups)

Pavlova and Meringue, from our Y10 pupils





Skills pupils have mastered:

- Blind Baking
- Marinating
- Coagulation
- Lattice Work
- Setting of Mixtures
- Use of Bain Marie



Hot and Spicy Chicken Curry, from our Y9 pupils





## NOTICES

#### **BAG 2 SCHOOL**

#### FREE FUNDRAISING FOR SCHOOLS

In partnership with your school or organisation



#### North Cestrian School



Bag 2 School is a company that specialises in the reuse and recycling of good quality secondhand clothing and we have arranged to make a collection from your school. All the bags will be weighed and you will be paid for the total weight collected. Remember, the more you collect the greater the benefit to your school.



By using this paper leaflet we are helping to reduce unnecessary extra plastic. Please use your own bag or bags (there is no limit). The leaflet is FSC accredited, please recycle it.

When the clothes have been removed from the bag the plastic will be packed and sent for recycling.

We are collecting good quality items for RE-USE:

Men's, ladies' & children's clothing, paired shoes, handbags, belts & accessories.

(No uniforms, workwear, pillows, duvets or pieces of fabric please)

The more we weigh the more we pay! Extra bags are welcome - there's no limit

BAG 2 SCHOOL IS BACK!!

DONATIONS WELCOME ANYTIME!

SORRY NO CURTAINS!!