



NEWSLETTER



HEAD'S MESSAGE

Earlier this week, school had a test run of its lockdown procedures. That any school should have to consider this is very sad: schools should be safe havens for pupils and staff. However, news events remind us that schools are often the targets of deranged individuals. Thankfully, these instances are extremely rare in the UK but nevertheless we do need to ensure processes are robust. We do have a specific alarm to distinguish it from the normal fire alarm, because the responses are quite different. We continue to follow government advice and during any event we would be guided by emergency services. For you as parents, the key elements are:

Parents will be informed of lockdown and its nature by email and text as soon as we are advised to do so by the emergency services. It is important that parents do not try to contact school, in order to keep all our lines of communication free. It is perfectly understandable of your desire to do this, and indeed to try to come on school to check on your child. However, by its nature, no visitors will be allowed on site and efforts to prevent this may put staff in danger. The guidance also indicates that persons involved may expect a significant duration, maybe of hours, before the matter is resolved. Once the all-clear is given, we take a rollcall to ensure everybody is accounted for. It is likely the emergency services will at that point release children to the care of their parents. After the results of the test-runs have been considered, we will repeat these instructions, which will also be available on the website.

A reminder:

Friday 8th July is GONG GREEN Day – please contribute £3 via Parentmail (PMX) to entitle: non-uniform (with green if possible), Cest Fest wristband for entry to Cest Fest, raffle ticket for prize draw for Apple iPad.

Saturday 9th July 12-3pm = CEST FEST – fun, food and fundraising

The long range weather forecast looks to be very promising indeed!



INSIDE THIS ISSUE

| | |
|-------------|------|
| Contacts | 2 |
| Notices | 3 |
| Deputy News | 4-5 |
| Academic | 6 |
| Science | 7 |
| Food Tech | 8 |
| Careers | 9-10 |

Summer Clubs 11

PTFA 12-13

Special points of interest:

Going **GREEN**

Find out more on Page 14

CONTACT INFORMATION

FORM TUTOR CONTACTS:

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7MSA m.saker-clark@northcestrian.co.uk
7CRY c.ryland@northcestrian.co.uk

8DVA n.lawson@northcestrian.co.uk
8SMI s.mills@northcestrian.co.uk
8HVA h.vaughan@northcestrian.co.uk
8JRI j.ritchie@northcestrian.co.uk
8MWO m.worswick@northcestrian.co.uk

9ASI a.singh@northcestrian.co.uk
9GHA j.janiak@northcestrian.co.uk
9SPU s.pullen@northcestrian.co.uk
9ACL a.cliffe@northcestrian.co.uk
9FHE f.henes@northcestrian.co.uk

10JSC j.scott@northcestrian.co.uk
10AWI a.wilson@northcestrian.co.uk
10TWI t.wilson@northcestrian.co.uk
10SWI s.wilson@northcestrian.co.uk
10JBA j.badman@northcestrian.co.uk

11ACO a.collins@northcestrian.co.uk
11DWI d.williamson@northcestrian.co.uk
11VJE v.jesudason@northcestrian.co.uk
11VCA v.isherwood@northcestrian.co.uk
11MBR m.bracewell@northcestrian.co.uk

Did you know?

If you have any concerns or queries regarding your son or daughter, the **FIRST PORT OF CALL** should be their Form Tutor.



Useful email addresses:

To report your child absent:

absence@northcestrian.co.uk

To request time off during term time:

absence@northcestrian.co.uk

For general enquiries:

office@northcestrian.co.uk

INSET DAY—NON PUPIL DAY

WEDNESDAY 22 JUNE



If you are on twitter and have not yet followed the school page please do.
@CestrianNorth

NOTICES



Glan Llyn Trip YEAR 7 & 8!!

Wednesday 14th – Friday 16th December 2022

Your child is invited on a residential trip to Glan Llyn, Bala, North Wales. The aim of the trip will be to expose students to a number of activities in an outdoor and adventurous environment.

See Parentmail (PMX) for full details and costings.

100 places!! First come first served!!

Please contact Mrs Williams in the School Office if you have any questions.

DEPUTY REFLECTIONS



Your school reports and Arbor Portal present the evidence of your character development. (click 'Statistics', click 'Character Points' and expand the menu.) Let's encourage further investment in youngster's discovery, development and plans for a rich and fulfilling life.

Pupils are guided in 8 character traits of NCS's character education programme. In lessons and beyond school, pupils have opportunities to pursue their new discoveries and are assisted to own the next steps in the development. It is essential that we build character to enable success in applications, interviews and life. Character makes the difference beyond the grades and qualifications. Pupils who show genuine, sustained, and significant character development will receive an investment from the school to take their experiences further.

Lauren B, Emily H, Olivia S and Mya J of Y10 had the highest rounded character points in term 2. For their prize they decided to pursue their **passion** and **resourcefulness** through the Food GCSE. They choose to visit Yara (local restaurant) to interview industry professionals about British and International cuisines, tasted the delights of Lebanese food, organised themselves a tour of the kitchen, and asked self-devised questionnaire to the manager. This mix of business and pleasure is a great example of how our pupils choose to celebrate and take the opportunity to extend their experience to develop their character.

Elise T Y9, also had the most evidence for rounded character. She has invested her prize most **resourcefully** in a comprehensive set of tools to help her revision. Elise was also awarded for Cultural Capital Experiences this week by reflecting on the Duke of Edinburgh and Debate Club.

Character nominations from parents, family + friends!

Sienna E Y7, from friends, **passionate and purposeful**: has decided to apply to several local Veterinary Surgeries to see if she can secure summer work experience!

Harley B Y7 (pictured), from family, **passionate and purposeful**: has won the 'Young Aces Trophy in his local football under 12 league!



Platinum Rewards - Art and Technology

Olivia S Y10: always showing a **committed** and **hardworking** approach to her studies. Consistently produced creative artwork using a range of materials.

Hala A Y9: producing an excellent low relief cardboard portrait. **Hard work** and thought has made a real **quality of class work**.

GOING GREEN FOR THE DAY - Friday July 8th themed non-uniform day.

Wear lots of green and remember to bring some 50p pieces!

Pupils had an assembly guiding the 'Letter from My Grandchild' creative writing competition and guidance on how to apply for a place in the 11 remaining at the Sustainable Food Workshop led by an industry expert.

Only those who are already (or want to develop their) passionate, purposeful and responsible character traits should apply!



CHARACTER EDUCATION

Click poster for a full guide!



Click below for this week's Character Development Opportunities. Read the adverts. Inspired? Follow 'What to do Next' and email Mr. Bell.

| | | | | |
|---|--------------------------|--|---|---|
| Cedric Arts Award | Science Little Library | Healthy Lives Champions change 4 Life | Eco Champions | Green Journalists GREEN GANG |
| Business Tutor 2U | Business Drop In | Business Leaders | Animation master Class | Pupil Leadership FORM CAPTAIN HOUSE CAPTAIN SPORTS CAPTAIN |
| STEM: Crest Award | National Maths Challenge | Gardening Group SCHOOL GARDENING | Table Tennis Table Tennis England | Duke of Edinburgh Awards DE |
| Character Poetry CESTRAN CHARACTER COMPETITION | Army Education | Routes into MPL | GCSE Revision gsepod | GCSE Science Live live! |
| Maths Eco Leaders | Pupil Leadership - Maths | Women in Science | Pupil Leadership - Character Education Newsletter Readers Nominations for Character Development | Virtual Work Experience INVESTIN CHOOSE YOUR CAREER |

Have you got an example of a pupil building their genuine, significant and sustained character?
Click to nominate a pupil.

Let's invest in character development together!

DEPUTY REFLECTIONS

CULTURAL CAPITAL

Cultural Capital opportunities will support sophisticated learning, broaden horizons and hook interests on the way to plotting and living your own rich and fulfilling life. Cultural Capital is the essential knowledge that we need to be educated citizens, it is the best that has been thought and said, and helps to engender an appreciation of human creativity and

Half Term 5 League

| | Year | Points |
|--------------|------|--------|
| A, Sumayyah | 8 | 27 |
| O, Steven | 9 | 21 |
| G, Teegan | 8 | 16 |
| J, Shashank | 8 | 9 |
| D, Cal | 7 | 8 |
| H, Rachael | 10 | 8 |
| M, Niles | 7 | 5 |
| F, Joshua | 8 | 3 |
| H, Nadheerah | 8 | 3 |
| O, Anthony | 8 | 3 |
| A, Pranav | 7 | 2 |
| D, Abby | 7 | 2 |
| H, Will | 7 | 2 |

Explore the 25 bricks - choose 3 to pursue that you are most curious about. You may pursue a fourth of your design... something that is not on our list but has piqued your interest from elsewhere in life.

Email me with your first reflection on the source material - 100 words summarising big points + 100 words analysing why this is important to you? What it means for the future? Why it is cultural capital? What has it inspired you to do?

Your teacher will award 3 points and respond to your initial reflection and guide your next step. Maybe by asking you a more in depth question or asking you to develop a thread.

Email me with your second response which directly answers the subject specialist's guidance.

Your teacher will respond with "well done" and award a second 3 points. Then guide you to take this further by watching..... listening..... reading..... visiting.....exploring.

You should then swim in this opportunity and email me the evidence of your development. I will award a third 3 points.

Your teacher will then refer to the sophistication / test your sophistication in verbal interactions in lesson or beyond. Genuine, significant and sustained sophisticated will be awarded with 5 points.

Art



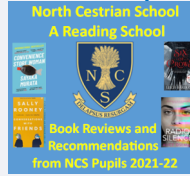
Should artists focus more on 'the planet'?

Business



Do you know how credit cards work?

Citizenship

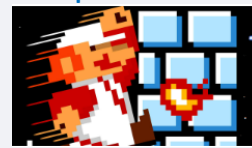


Engineering



Will drone technology make schools safer?

Computer Science



Mario: is he a real game changer?

Creative IMedia



English



What small thing could you be 'famous' for? Write a poem in response.

Pupil's Brick Idea



How do you reduce food waste?

Food



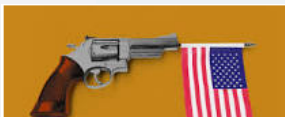
What is food insecurity?

Geography



Are there use species on our planet? Click for the task sheet

Headmaster



Should USA citizens be allowed guns? What is the legal right? Does it still apply? Should it?

History



Cinemanities Club:
Wednesday 8am—U10
SignUp Sheet
HIDDEN FIGURES

Literature



Summer Reading Challenge

Maths



Tournaments need math skills to schedule. Read, comment. design your own schedule.

Media Studies



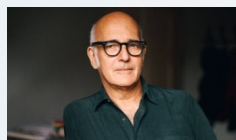
Should we give up reading the news?

MFL



Click the image for your task sheet

Music



Ludovico Einaudi

Performing Arts



Does a regional accent matter in Shakespeare?

Psychology



Listening to Podcast, blind-fold your family! Send photos +comments on How does our brain influence our sense of taste?

Religious Studies



What do you think is the purpose of pilgrimage? Does a journey have to be religious to be a pilgrimage?

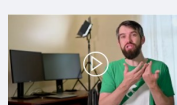
Science



Science

[Click for research resource from science in 1952](#)

Statistics



Simpson's Paradox. Can you explain this weird covid 19 data from Italy and

Sports



Which are the best world records and why?

Experiences!

EXPERIENCES

Pick an experience and evidence the Cultural capital

Thinking about Thinking!

Research suggests that the more **cognitive effort** students expend on tasks, the more likely it is that their learning will improve. Factors such as whether they are motivated to learn or whether they find a particular task challenging can increase the amount of cognitive effort students are willing to invest into their learning.

Thinking harder about the learning material can help students optimise their learning and retain more information. Techniques such as retrieval practice, spacing, interleaving, elaborative interrogation, the Production Effect, and the Protégé Effect may offer good guidelines on how best to do so.

6 WAYS TO THINK HARDER IN THE CLASSROOM

by @inner_drive | www.innerdrive.co.uk

| LEARNING STRATEGY | HOW TO USE IT TO THINK HARDER |
|----------------------------------|--|
| RETRIEVAL PRACTICE | Use resources such as past papers, flashcards and multiple-choice tests to practice retrieving what you have learned. |
| SPACING | Space out your revision instead of cramming your studying the night before the test. |
| INTERLEAVING | Mix up revision topics when studying to improve learning. |
| ELABORATIVE INTERROGATION | Ask yourself "why" questions to understand the meaning of the information you are trying to remember and enhance learning. |
| THE PRODUCTION EFFECT | Produce something from the material you are learning, for example draw diagrams or create flashcards. |
| THE PROTÉGÉ EFFECT | Teach someone else what you have learned. This allows you to organise your thoughts and consolidate learning. |

Let's 'Think' about it !

The Book of Thunks by Ian Gilbert is one of my favourite books. Even as a child, I preferred books that taught me something rather than told me a 'good story', maybe that's why I am a scientist and have stayed in Education all my life – I'm still engrossed and fascinated by learning.

Thunks are designed to shake up the templates and routine operations in your brain – they make you think and challenge your belief systems, you have to come out of your comfort zone. This is learning. Learning only takes place if we venture beyond what we know and re-programme or extend our prior knowledge.

Is a horse a vehicle?

If you are easily pleased, will you always get what you want?

When you read a book, are the thoughts in your head yours (as opposed to the author's)?

Can you get lost if you don't know where you are going?

Are you sure that your pets don't talk about you when you leave the house?

Is the future closer than it was yesterday?

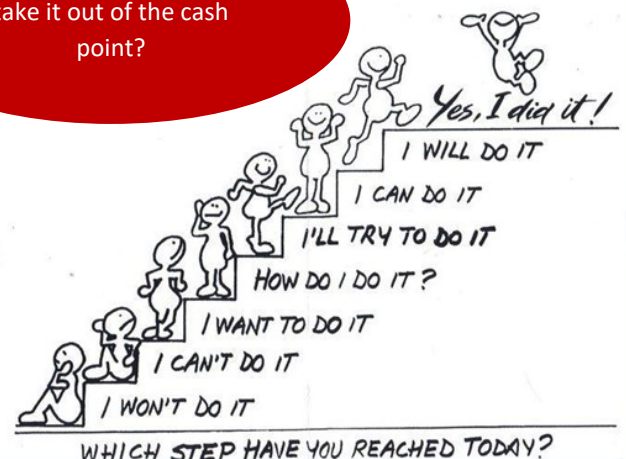
Is the £10 yours before you take it out of the cash point?

KS3 End of year reports

Reports will be coming home in the last week of term via Arbor. Participation, Attitude, Use of Feedback, Quality of Work, Growth

Mindset and

- Role Model
 - Positive
 - Developing
 - Hampering Progress
 - Progress in relation to expected end of year performance
1. Exceeding expectation for this year
 2. Meeting expectation for this year
 3. Not yet meeting expectation for this year
 4. At risk of not meeting expected grades



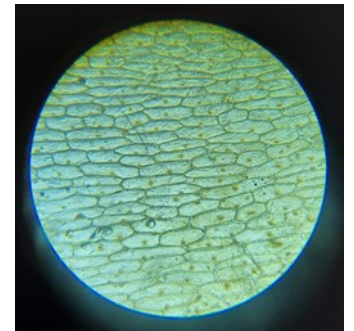
Year 9 Science

Pupils in year are studying units of work which link to the content of the GCSE Science courses.

Exams for GCSE Sciences include questions on a set of "required practicals" that all pupils are required to complete.

In biology one of these practicals is preparing and viewing a microscope slide.

The slide below was produced by **Chapman W.** and **Omar E.** and is of cells from an onion viewed at 400x magnification. You can see the nucleus, cell membrane and cell wall.



This slide was produced by **Jasmine H.** and **Madeline L.** and is viewed at 100x magnification:

Gardening Group, Gold Monday's 3.30-4.15pm, (outside the Science Building).

The pupils in gardening group have made a start with introducing more greenery to the school grounds. The pupils have potatoes, peas and broad beans growing in pots and bags outside the Science Department, along with flowers in containers. Plans are in place to expand the gardening project into more areas. Why not join us outside the science department on Gold Mondays, 3.30-4.15pm. Well done to **Abdulaziz A.** for keeping everything well-watered in this hot weather.



Star learners



| | |
|----------------|--|
| Miss Scott | Year 7: Gavin L. Year 8: Callum McG. Year 9: Pearle F. Alex C. |
| Miss Taylor | Year 7: Maria A. Year 8: Praise O. Hilda P. Year 9: Keshavi N. Year 10: Sathik A. |
| Mrs Janiak | Year 8 Leon W. Year 9: Martha C. Henry B. Year 10: Anfaal E. Alishba S. |
| Mr Wilson | Year 7: Zakir A. Year 8: Goran A. Year 9: Ruya A Year 10 Sophia D. Karamjit S. |
| Mr Singh | Year 7: Theo H. Caleb N. Year 8: Dasha L. Year 9: Belle P. Mina AT. Year 10: Anna W. |
| Dr Rodger | Year 9: Hala A. Abdullah M. Year 10: Hana F. Isha G. Ben M. |
| Dr Saker-Clark | Year 7: Sophie P, Harnek R, Y8: Tom P, Y9: Chloe E, Y10: Libby C |

Yara Restaurant Year 10 Girls Food Cultural Capital



Skills acquired by taking part in Cultural Capital tasks are:

Communication, Motivational, Independence and Social Skills to help for future lives.

This activity pupils independently spoke with industry professionals, about British and International cuisines and tasted the delights of Lebanese food and also organised themselves a tour round the restaurant and the back of house kitchen of Yara Restaurant in Altrincham. They also devised a questionnaire themselves to ask industry specific questions to the manager on duty.



Y10 College Visit

Last week the Year 10 group visited Trafford College to do several taster sessions of courses they are interested in taking after GCSE. We had 121 students visit the Timperley Campus on Monday and the remaining 13 visited the Stretford Campus on Tuesday.

The students actively engaged with the sessions and enjoyed spending some time in a college setting to get a feel for what it is like in advance of considering their next step next year.

The behaviour of the students throughout was impeccable and the college fed back how impressed they were. Some quotes from teachers running the session included:

The 12 learners I had for Hair and Beauty were very well behaved and polite. They did the tasks set well and seemed to enjoy themselves.

Regards

Julie Vincent- Hair and Beauty

Well behaved in my session making castle keep

Quick to learn new techniques and asked for help when they needed it

Well done

David Maxwell- Creative Arts

I just wanted to say that the students were well behaved, polite and engaged with the tasks set. They were model students, of which the school should be proud. Personally, I enjoyed teaching them and wish them all the best for their future ventures.

Paula Adams- Creative Arts

The business and law group were very well behaved and interacted with the questions in a competent manner. They were all polite and attentive.

There were a couple of outstanding "potential lawyers"; Patrick and Peter (sorry-don't know surnames) They answered questions on murder and manslaughter.

Alex Speed- Applied Law

It was lovely to meet the young people from North Cestrian. They were very interested in what we had to offer and it was great to see they are being so thoughtful about their career options in the future. The learners all enjoyed doing the practical that was set out and we hope they learnt something along the way that will help them with their studies.

Sandra Badcock- Lecturer in Applied Science and Computing

Good polite and keen future learners. All were interested and a credit to their school and teachers.

Ian Henderson- Plumbing lecturer

The next step for these learners is to do further research over the summer holidays about what they are interested in next. During Year 11 they will all have at least 1 one to one session with Mr Gallamore as well as a detailed careers program to give all the tools required to make the perfect choice beyond NCS.



CAREERS NEWS



Year 9 Army STEM (Science, Technology, Engineering and Maths) sessions.

On Wednesday we welcomed 2 members of the Army STEM team to deliver group sessions to 120 of the year group bringing STEM to life and allowing them to have a go at cracking a potential cyber threat to the Army HQ using a mixture of skills learnt in their academic subjects.

The students were fantastic in engaging with the officers and completing the task set within the time set. Most groups managed to solve the task and identify the hacker who was planning the attack.



Summer Camps

FILM-MAKING WEEK FOR TEENS

COME ALONG AND MAKE YOUR OWN FILM!

"THIS FILM WEEK GOT ME TO CREATE MY OWN FILM! IT'S REALLY FUN AND INTERESTING TO SEE FILMS PUT TOGETHER! THE STAFF ARE REALLY NICE AND YOU GET TO USE PROFESSIONAL CAMERAS. I RECOMMEND THIS SO MUCH! 5 STARS!!"
Student 2019 week

The Hub Community Centre, Pownall Rd, Altrincham WA14 2SZ
1st-5th August, 9am-3pm
Age 12-18. limited places. £145 per head.

TO BOOK: 0161 929 6384/07970 965 216/rebecca@topandtail productions

TOP & TAIL PRODUCTIONS

COME ALONG AND JOIN US FOR AN ACTION PACKED WEEK OF FILM-MAKING THIS SUMMER!

For less than £30/day learn how to make your own film with award-nominated film-makers!

INCLUDING..

- Story-boarding
- Screen-play writing
- 2 day film shoot on location
- Hands on experience in front and behind camera
- Acting for film skills
- Directing and Producing
- Production design
- roles in film-making
- sound and camera operating

And keep a digital copy of the film you made!

There are very limited places for this unique experience.

TO BOOK: 0161 929 6384/ 07970 965 216/ rebecca@topandtail productions

Starting from scratch, using ideas from participants, we will be writing, producing and filming 3 or 4 mini films during the course of the week. There will be opportunities to be involved in all aspects of the film making process in front and behind the camera, getting to grips with the technical and performing aspects as well as the mechanics of how a film is put together.

Tutoring on this unique experience are film-making duo Mike and Rebecca Peacock, award-nominated Manchester-based film-makers.

For more information head to <http://topandtail productions>

The Hub Community Centre is walking distance from Altrincham train/metro station for teens coming from further afield

"I WAS DELIGHTED WITH ALL THE SKILLS MY SON LEARNED! AMAZING VALUE. I THOROUGHLY RECOMMEND! THANK YOU SO MUCH!!"
Parent 2018 week

MAKE YOUR OWN FILM!



PTFA NOTICES

NORTH CESTRIAN SCHOOL PTFA ★
INVITES YOU TO

Saturday 9th
July 2022

12 - 3pm

ON THE DOOR
£1 FOR CHILDREN
&
£2 FOR ADULTS



Summer
CEST FEST ★

LOTS OF FUN FILLED THINGS TO DO!!!

LIVE ★ MUSIC ★ FUN ★ FOOD ★ GUNGE THE
TEACHER ★ PUPIL
STALLS ★

FOR MORE INFO:
0161 928 1856 / VISIT US: WWW.NORTHCESTRIAN.CO.UK

Made with PosterMyWall.com

PTFA NOTICES

A vibrant summer-themed poster for a raffle. The background is a bright blue sky with white clouds and a sunburst pattern. At the top, there are three icons: an iPad, a tent, and a red heart-shaped tin of chocolates. The text is centered and uses a mix of bold, yellow, and dark blue fonts. The main title 'SUMMER RAFFLE' is the largest, with 'SUMMER' in yellow and 'RAFFLE' in dark blue. Below it, the text 'CHANCE TO WIN AN IPAD & MANY MORE FANTASTIC PRIZES!' is in yellow. At the bottom, the ticket prices are listed in white. The bottom of the poster features a green landscape with several tents (red, yellow, and blue) and green trees.

NORTH CESTRIAN PTFA

TO BE DRAWN AT CEST FEST 9TH JULY 2022

TICKETS VIA PARENTMAIL PMX & ON THE DAY

SUMMER
RAFFLE

CHANCE TO WIN AN IPAD
& MANY MORE FANTASTIC
PRIZES!

TICKETS £3 FOR 3 OR £5 FOR 5