



NEWSLETTER



HEAD'S MESSAGE

As the world holds its breath over the crisis in Ukraine, there is hope. Reporters on the scene comment on protests within Russia, mostly by young people, they note. This may be because they don't have the memory of tougher regimes of the former USSR. Or it may be they have a fresh perspective on statehood and ethnicity. Last week I wrote about learning lessons from history. But there is a danger that we are locked in by it too. Bitterness and grudges, hankering after former glories can bind us to paths of destruction. We hope people can become enlightened, but it is to the young that we look to offer new possibilities. This is why I am so pleased the Culture Day, next Monday 14th, initiated by pupils, celebrates the rich diversity of our school community. It also provides fund-raising opportunities to help those less fortunate than ourselves. Miss Few spoke in Wednesday's briefing about the work of the school charity ACEF and reminded us that our circumstances are an accident of birth – nobody wants to be born into poverty. So I encourage all pupils: donate £2 and take part in non-uniform; where appropriate, dress in traditional ethnic clothes; buy tasty snacks at break-time (from buns to exotic delicacies); and at lunchtime buy from a wide selection of ethnic dishes brought in by parents and pupils. All money raised will go to ACEF and Salaam charities, for work in Kenya, Ghana and Pakistan.

Parent Governor

The nomination for an **Inclusivity** parent governor was unopposed, so once the person has met and been approved by governors, they will be welcomed on to the governing body.

For the **Human Resources** governor, there were two nominations, so this must go to parent vote. I have asked the two nominees to prepare personal statements, which will be sent to all parents along with their ballot papers. The election process is as follows: (Reasonable adjustments will be made for parents living separately.)

- All parents of children currently in school are eligible to vote. There is a maximum of two votes that can be made (one per parent) irrespective of the number of children they have in school. 'Parent' in this case means those with legal responsibility for the child.
- Pupils will take home an envelope addressed to the principal carer.
- The envelope will contain:
 - Personal statements from the parent-governor nominees
 - 2 x Ballot papers
 - 2 x Return Envelopes with the pupil's (pupils') name(s) on
 - 2 x Blank envelopes for the ballot papers

- Each parent completes their ballot paper by putting a cross against the candidate of their choice.
- Each parent then places their ballot paper separately into the BLANK envelope
- The BLANK envelopes are then placed into separate Return Envelopes. Each parent should sign the back of the return envelope. **Unsigned envelopes will not be counted.** These should then be returned to school no later than 5 school days after receipt. **Papers received after this date will not be counted.**
- Upon return to school, the return envelopes are opened and discarded. The blank envelopes are then placed unopened in a secure box, ready to be counted.

Timescale:

- Election materials sent to parents' homes via pupils Friday 18th March (Some reasonable adjustments will be made for parents living separately)
- Signed return envelopes return to school no later than 4pm Friday March 25th
- Ballot papers will be counted week commencing Monday March 28th

Result announced Monday 4th April

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SPECIAL POINTS OF INTEREST:

"CULTURE DAY"

Find out more on Page 3.

CONTACT INFORMATION

FORM TUTOR CONTACTS:

7EKL l.klutz@northcestrian.co.uk
7JDE j.dennison@northcestrian.co.uk
7SFE s.few@northcestrian.co.uk
7MSA m.saker-clark@northcestrian.co.uk
7CRY c.ryland@northcestrian.co.uk

8DVA n.lawson@northcestrian.co.uk
8SMI s.mills@northcestrian.co.uk
8HVA h.vaughan@northcestrian.co.uk
8JRI j.ritchie@northcestrian.co.uk
8MWO m.worswick@northcestrian.co.uk

9ASI a.singh@northcestrian.co.uk
9GHA g.hancock@northcestrian.co.uk
9SPU s.pullen@northcestrian.co.uk
9ACL a.cliffe@northcestrian.co.uk
9FHE f.henes@northcestrian.co.uk

10JSC j.scott@northcestrian.co.uk
10AWI a.wilson@northcestrian.co.uk
10TWI t.wilson@northcestrian.co.uk
10SWI s.wilson@northcestrian.co.uk
10JBA j.badman@northcestrian.co.uk

11ACO a.collins@northcestrian.co.uk
11DWI d.williamson@northcestrian.co.uk
11VJE v.jesudason@northcestrian.co.uk
11VCA v.isherwood@northcestrian.co.uk
11MBR m.bracewell@northcestrian.co.uk

Did you know?

If you have any concerns or queries regarding your son or daughter, the **FIRST PORT OF CALL** should be their Form Tutor.



ALL PARENTS AND STUDENTS WELCOME,
BRING ALONG FAMILY/FRIENDS

ALL AGES WELCOME!

ONLY £3

ZUMBA CLASS

MEET ME ON THE DANCEFLOOR!
@NORTHCESTRIAN SCHOOL, Saturday mornings

SATURDAY

09:30 AM - 10:30 AM


COME AND JOIN US!!

Ms Billany
a.billany@northcestrian.co.uk

The advertisement features a central image of a woman in a white t-shirt and black leggings jumping joyfully on a wooden dock by a lake. The background is a bright blue sky and green trees. The text is arranged around the image, with 'ONLY £3' in a pink box at the top left, 'ZUMBA CLASS' in large green letters, and 'SATURDAY' in a pink rounded rectangle. The bottom right contains the instructor's name and contact information.



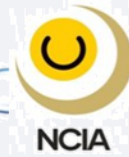
If you are on twitter and have not yet followed the school page please do.
@CestrianNorth



*Donations will be going to
the ACEF (school charity)
and the salaam charity on
behalf of NCIA*



acef



CULTURE DAY

Pupils who wish to wear cultural clothes are strongly encouraged.

Pupils who wish to wear their own / cultural clothes will have to pay £2 (Parent mail) proceeds to our charities

Cultural food donations are welcome; please get in touch with one of the emails below.

What will happen?

Cultural snacks (from 50p) will be on sale during lunch and break

Cultural main meals (range of prices) will be served in the canteen at lunch

With many more activities coming up

The form to register interest for the Cultural day is now available

Please [CLICK HERE](#) to submit

**** this is mandatory ****

If you have any queries,

please email:

rmukku@northcestrian.co.uk

tarun@northcestrian.co.uk

belhaji@northcestrian.co.uk



DEPUTY REFLECTIONS

NCS CHARACTER
EDUCATION

Look at the weekly Character Development Opportunities sent by email. Click quick to beat the deadlines and limited spaces.

Your school reports and Arbor Portal presents the evidence of your character development.

You too can nominate pupils here: [Newsletter Readers' Nominations for Character Development](#) to receive recognition of a genuine, sustained and significant character development. This will encourage further investment from the nominee and the school in their plans for a rich, fulfilling life. **Let's invest in character development together!**

Last week plenty of pupils and staff joined me in showing how important reading and books are to our character development. I love my book collection! This week we have an equally exciting event. I hope you read all about our first Culture Day set for Monday 14th March. In combination with books, it is culture that has built my character most significantly. These two things have been so important to me that I have written my own records to celebrate and remind me of the character building experiences from cultures around the world and, in another link to last week, to provide a family knowledge to pass on to my children in the odd Geography lesson and assembly!

Email me with examples of each character trait that you have developed through cultural experiences

think you should all have, or one day have, a story that links travel and cultural experiences to an example of your **generous of spirit, learns from mistakes, passion, purpose, resourcefulness, responsibility, resilience, sophistication**



The Platinum Reward is our highest form of praise. Who is going the extra mile, met our high expectations and led the way in academic, behaviour and character development showcasing a growth mind set? Maybe in service to peers or school and always leading a rich and fulfilling lives. Certainly with honesty, hard work and fairness and possibly some Delapsus Resurgam. From Key Stage 4...

Lauren B (Y10) - Excellent attitude and approach delivered within Science and Mathematics.

Rishik N (Y10) - Attitude and Role Model work delivered in his prep and assessments for Sport Science.

Kiera H (Y11) - Attitude and Role Model student in her Performing Arts and Sciences.

James M (Y11) - Applying an excellent attitude to his subjects and all-round approach to school life.

This month's family dining pancake breakfasts won by 7MSA and 10TWI for excellent Attitude to Learning and Character, 7EKL and JBA for excellent Behaviour Standards, 7JDE and 10SWI for the best and most improved attendance in the school.



Cultural Capital opportunities will support sophisticated learning, broaden horizons and hook interests on the way to plotting and living your own rich and fulfilling life. Cultural Capital is the essential knowledge that we need to be educated citizens, it is the best that has been thought and said, and helps to engender an appreciation of human creativity and achievement.

Explore the 25 bricks - choose 3 to pursue that you are most curious about. You may pursue a fourth of your design... something that is not on our list but has piqued your interest from elsewhere in life.

Email me with your first reflection on the source material - 100 words summarising big points + 100 words analysing why this is important to you? What it means for the future? Why it is cultural capital? What has it inspired you to do?

Your teacher will award 3 points and respond to your initial reflection and guide your next step. Maybe by asking you a more in depth question or asking you to develop a thread.

Email me with your second response which directly answers the subject specialist's guidance.

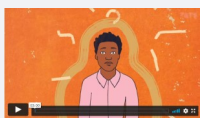
Your teacher will respond with "well done" and award a second 3 points. Then guide you to take this further by watching..... listening..... reading..... visiting.....exploring.

You should then swim in this opportunity and email me the evidence of your development. I will award a third 3 points.

Your teacher will then refer to the sophistication / test your sophistication in verbal interactions in lesson or beyond. Genuine, significant and sustained sophisticated will be awarded with 5 points.

Ononye, S	13		
Ahmed, S	12		
Goldstone, M	8		
Dorey, C	7		
Hoq, N	7		
Leung, S	7	Chu, R	2
Nobbs, F	6	Gaikwad, I	2
Huang, R	5	Green, M	2
Eze, C	4	Griffiths, T	2
Guo, A	4	Hart, G	2
Ononye, A	4	Marsh-Patrick, L	2
Banerjee, A	3	Najjar, M	2
Elyas, O	3	Noun, I	2
Fox, I	3	Omranian, A	2
Ho, C	3	Pinchbeck, A	2
Joshi, S	3	Preece, O	2
Naguleswaran, K	3	Torrecilla Yamamoto, M	2
Peiris, L	3	Vardazaryan, A	2
Street, D	3		
Theodoropoulou, T	3		
Abufara, A	2		

Art



Who is Yinka Shonibare?

Business



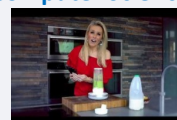
Watch an episode.

British Value Citizenship



Which the most important and why? How do the values relate to your school life?

Computer Science



Are Smart Homes cool or a con?

Creative IMedia

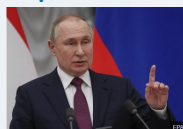


The future of gaming is mobile! Discuss

English

Can you think of a way to encourage more people to celebrate reading?
This year's World Book Day set to be most popular ever | Books - the Guardian

Pupil's Brick Idea



Research both angles on the conflict. Is Nato a worry for Russia? How would you diplomatically solve things?

Engineering



Submit a photograph and explanation of a toy or kit you made or put together over the

Food



What if the whole world went vegan?

Geography



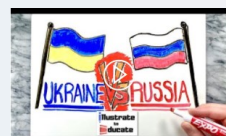
What do you think of Geo-politics?

Headmaster



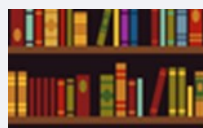
Discuss the good things and not so good things?

History



Free breakfast Film 0800 Wednesdays in U10

Literature



Click the library - send your book review

Maths



Select 3 Pi Day facts and develop your own investigation into each

Media Studies



What is the big problem facing the British film industry?

MFL



Linguist Opportunities

"If James Bond could speak an MFL, what would he choose?"

Music



John Williams

Performing Arts



Is live theatre or film better?

Psychology



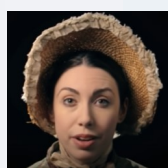
Are you a Wordle hater? Click link and task

Religious Studies



How do you practice mindful meditation / relaxation in your own busy life?'

Science



Would you describe Mary Anning as a scientist? Why? Why not?

Science



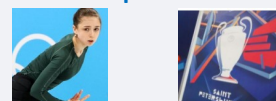
False choice: electric vehicles require deep sea mining?

Statistics

The Datasaurus Dozen

Why do data scientists spend so much time exploring data using graphics?

Sports



Should Russia not be allowed to compete in or host sporting events?

X!



Watch this and research further. Tell me why this is Cultural Capital.

Upcoming Exams

Year 11

The Year 11 exams commence on **Friday 25th March**, and the content is as follows:

Language Paper 1 - Section A - 4 questions on a fictional unseen text, Section B - 1 creative writing task -story or description

Literature Paper 1:

A - Poetry Anthology - Comparing Two poems from the Power and Conflict cluster

B - Essay question on An Inspector Calls (choice of 2, no extract)

Literature Paper 2:

A - Essay question on a Macbeth extract and the whole play

B - 2 questions on 2 unseen Poems - one analysis question on Poem 1, one comparison question of both poems

Year 10

These exams commence directly after Easter, and the content will be as follows:

Language Paper 2:

Section A - 4 questions on two non-fiction unseen text

Section B – writing an argument

Literature Paper 2:

A - Essay question on An Inspector Calls (choice of 2, no extract)

B - Poetry Anthology - Comparing Two poems from the Power and Conflict cluster

C - 2 questions on 2 Unseen Poems – one analysis question on Poem 1, one comparison question of both poems



Outstanding Learners

Mrs Porcheret

KS3 - Hallie R - for gaining confidence in English

KS4 - Lucy J - for excellent focus in English

Mrs Donachie

KS3- Jad A for writing a speech independently and for perceptive ideas in lessons.

KS4- AJ O for meaningful purple-penning and for showing maturity in his independent approach.

Nicolette U- for thoughtful poetry analysis and a diligent approach to learning

Mrs Ritchie

KS3 - Oliver P for class participation - a marked improvement

Arabella D for role model participation

Mina A-T for participation and making a great first impression

KS4 - Ashy G for generosity of spirit in helping peers

Jake, Yuvraj, Frankie, Josh for engaging in P6 lessons and showing responsibility.

Max for showing responsibility and working at home.

Miss Wilson

KS3—TT for excellent lesson contributions and improved attitude

Callum M for displaying growth mindset and completing additional work to help him improvement

Lorenzo for continued effort in class and brilliant contributions

Chloe H for a fantastic poetry comparison

Harry P for perceptive interpretations

Billy I for a great speech

Farrow for a brilliant speech and all the effort that he puts in to his work

KS4-Kaden for great contributions

Sokari for listening to feedback and applying it to his work

Sophie for continued efforts in lesson and at home

Flynn for tackling revision and extended writing tasks with passion and confidence

Lydia C for an improvement in attitude and an improvement in work

Miss Badman

KS4: Peter C. An intelligent and sophisticated explanation of irony in a text

KS3: Oscar BL: Showed purpose and sophistication in his contributions to a lesson analysing an emotional poem

Mrs Ryland

KS3 Marnie A - superb use of PEE

Ashkan P - great contributions to discussions

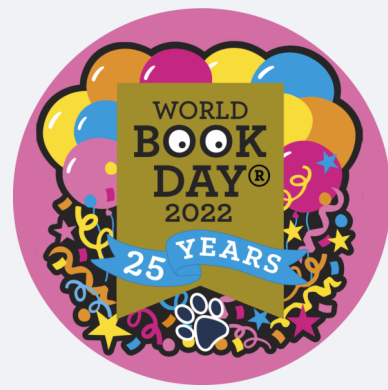
Miss Johnson

KS3 – Susan C for gaining 4 months progress in her reading age in two weeks – how sophisticated!

KS4 – Salah N for exemplary commitment to extra studies after school – very purposeful



World Book Day 2022



World Book Day Review – Thursday 3rd March 2022

Many thanks to all we got involved in our World Book day celebrations last Thursday, especially to the World Book Day Committee, who have received character bricks for being Passionate! Here to tell you more about the day is the chair of the committee, Year 11 Nathan Royle:

After the reduced activities and celebrations of 2021, World Book Day returned in full force last Thursday. As per usual, the staff and students dressed up as a character from a book, this time our theme being Generous of Spirit or Sophisticated, linking with our Cestrian Character.

A range of genres were depicted with James Herriot spotted chatting to Sherlock Holmes in the canteen, several Harry Potters casting spells in the corridor and non-fiction stars were also represented with the Maths department donning suffragette costumes, a couple of Adam Kays and myself as Professor Brian Cox. Our forthcoming GCSE was brought to life as the English department dressed as characters from “An Inspector Calls” - we still don’t know how many Inspectors there were!

As well as the competitions run by the students of the world book day committee, this year, we were lucky enough to have the author Philip Quaintrell visit the school. During briefing, students had a Q and A session with Philip, and he led writing workshops with students. I’m told he was a very welcome addition to the Headmaster’s Lunch with Y7, who asked some brilliant questions. He also signed copies of his books, which are the first prizes in the competitions.

So here are the results:

100 word story

1st: Ellie H 9ASi

2nd: Hana F 10JSc

3rd: Elise T 9ASi

Here’s a snippet of the winning story from Hana:

‘The hit was harder than expected. My body filled with adrenalin, forcing me to hit back. Her body plummeted down the stairs. I was now consumed by fear, was she dead? Had I killed someone?’

Best book review

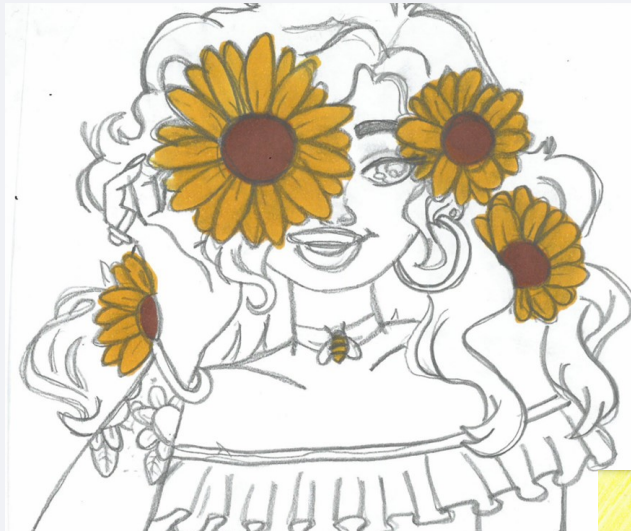
1st: Luke D 8JRI

Best costume

1st: Theodora T 9FHe

2nd: Ashton Q 8JRI

3rd: Tom P 8MWo



Book Cover Art

1st: Mackenzie C 9GHa

2nd: Sreeniani R 7SFe

3rd: Kiera S 7SFe

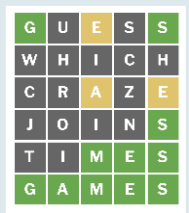
Staff Costume:

Department: Maths

Individual: Mr Millard

First prizes can be collected from Miss Johnson in L1, and of course, character bricks will be awarded to all on the leader board. All other prizes will be handed out next Thursday along with a further raffle draw!





Psychology:

GCSE Drop-in Sessions:

TUESDAYS Blue and Gold Weeks 13:40-14:00 (middle 20) with SFe in U12

WEDNESDAYS Gold Week (Week 2) from 15:30 with LMc U10

CULTURAL CAPITAL:

[Are you a Wordle ‘hater’? There’s a psychological reason for that | The Independent](#)

What are the psychological and behavioural reasons for why some people 'hate' the popular game 'Wordle', and conduct your own Psychological experiment! Read the article and answer the questions. See the Cultural Capital brick page!



Psychology Star Pupils



These pupils have made an excellent effort in Psychology at North Cestrian over the past few weeks.

Year 10	Niamh	For excellent focus, a well-kept folder, and for always being prepared for an engaged in lessons.
Year 11	Katie J	For very good lesson contributions and always trying her best in all the work she does. Keep it up Katie!

Psychology in the News:

Optimistic Brains vs Pessimistic Brains:
Belief Affects Posterior Parietal Cortex
Performance



<https://neurosciencenews.com/belief-success-failure-influence-optimistic-pessimistic-brain/>

Developing a growth mind set has never been more important! It has been discovered that our belief as to whether we will likely succeed or fail at a given task and the consequences of winning or losing directly affects the levels of neural effort put forth in movement-planning circuits in the human cortex, shown in this brain-imaging study. Basically, if we believe we can succeed, your brain is more likely to put forward solution-focused planning to help you succeed! Clever. Now, believe you can succeed, plan your revision timetable and get revising...you'll be on your way to success in no time!

FOOD TECHNOLOGY NEWS

Year 10 GCSE Food Preparation and Nutrition

Savoury Chorizo and Halloumi Cheese Muffins with Plum Tomatoes and Sweetcorn topped with Toasted Rolled Oats.



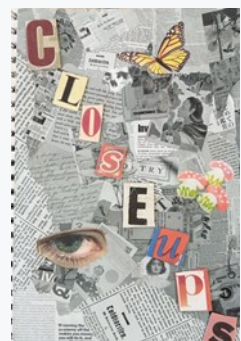
ART & DESIGN NEWS

Y10 Art students have been focusing on the theme of Close-ups for their portfolio. They have produced a range of tonal and colour studies in response to the work of Sarah Graham, a photorealistic artist who focuses on still-life objects of toys, cakes and sweets. Below are examples of work by Talia T, Lauren B, Libby C, Abi B and Millie M.

Y11 Art Club

Gold Monday

3.30-4.30pm



Speakers for School Virtual Work Experience:

Speakers for schools now have a fully updated online brochure of their opportunities which is accessible via the QR code below. Students and parents can at anytime access this link and see all of the upcoming opportunities.



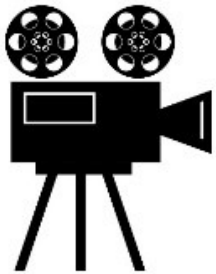
<https://qrco.de/S4SVWEX>

Class of 2022 Hoodie

Orders can now be placed on Parentmail PMX via School Shop for the Leavers' Hoodie.

Available in a variety of colours and sizes!

Deadline for orders is 7 May 2022



HISTORY:

GCSE Exam Skills Sessions:

MONDAYS Gold Week (Week 2) from 15:25 -16:15

GCSE Drop-in Sessions:

MONDAYS Blue Week (Week 1) 13:40-14:00
(middle 20)

BBC - DICTATORS AT WAR – Wednesday mornings 08:00 -08:30 in U10

Are you a budding historian with an interest in the Second World War? Sign up to Wednesday mornings to watch **Dictators at War**, with the Humanities faculty. If you sign up, breakfast will be provided! The sign-up sheet will be posted on the door of **U10**. You must arrive before 8:05 to qualify for breakfast.

NOTICES

EXAM INVIGILATORS WANTED

Are you....

- ✓ Reliable and punctual
- ✓ Flexible, accurate
- ✓ Confident communicator
- ✓ Firm but fair
- ✓ Can work as part of a team



Exams are among the most important and stressful events in the life of any student. That's why it's so important that they are conducted in the correct way. Invigilators are crucial to this process.

Invigilators are there to ensure the whole process runs smoothly. They give out vital information such as start and finish times for the exams and ensure candidates have all the materials and information needed for each exam. They also ensure that all exam rules are adhered to.

Working as a team, invigilators contribute to ensuring a calm environment for the exams, giving candidates confidence in the process.

We are looking for invigilators to help oversee our exams. Invigilators need to be reliable and punctual, highly flexible, able to relate to students and comfortable in a high pressure environment. It is a part-time role, but one that can make a difference. Invigilators will be paid £9.18 per hour and full training will be provided.

Due to the nature of the role, a full enhanced DBS disclosure will be required

The School is committed to keeping students safe and stringently follow the procedures outlined in the 'Safeguarding Children and Safer Recruitment in Education'. We expect all staff and volunteers to share our commitment to safeguarding and promoting the welfare of children and young people in our school.

If you are interested in being an invigilator, or would like to find out more, please contact the

Exams Officer, Mrs Brett on 0161 928 1856 or email: exams@northcestrian.co.uk

NOTICES

BAG 2 SCHOOL **FREE FUNDRAISING FOR SCHOOLS**

In partnership with your school or organisation



North Cestrian School



Bag 2 School is a company that specialises in the reuse and recycling of good quality second-hand clothing and we have arranged to make a collection from your school. All the bags will be weighed and you will be paid for the total weight collected. Remember, the more you collect the greater the benefit to your school.



By using this paper leaflet we are helping to reduce unnecessary extra plastic. Please use your own bag or bags (there is no limit). The leaflet is FSC accredited, please recycle it.

When the clothes have been removed from the bag the plastic will be packed and sent for recycling.

We are collecting good quality items for RE-USE:

Men's, ladies' & children's clothing, paired shoes, handbags, belts & accessories.

(No uniforms, workwear, pillows, duvets or pieces of fabric please)

The more we weigh the more we pay!
Extra bags are welcome - there's no limit

Please return your Bag2School on:

BAG 2 SCHOOL IS BACK!!

DONATIONS WELCOME ANYTIME!

SORRY NO CURTAINS!!